

MASSACHUSETTS INSTITUTE OF TECHNOLOGY

6.265/15.070J Lecture N  
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April 5, SP17  
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**Disclaimer:** *These notes have not been subjected to the usual scrutiny reserved for formal publications. They are posted to serve class purposes.*

**Eigenvalues**

**1**

Recall that  $P(x, y)$  is  $\mathcal{X} \times \mathcal{X}$  matrix with properties:

1.  $P$  is irreducible  $\Leftrightarrow$  the eigenvalue  $\lambda = 1$  has multiplicity 1.
2.  $P$  is aperiodic  $\Leftrightarrow$  the spectrum  $sp(P)$  does not have  $(\gamma_a > 0)$  roots of unity
3.  $P$  is reversible  $\Rightarrow$  all eigenvalues are real

**Definition 1.** *Absolute spectral gap*  $\gamma_a = 1 - \max_{\lambda \neq 1} |\lambda|$

**Theorem 1.**  $d(t) = (1 - \gamma_a)^{t+o(t)}$

This bound is typically useless. We want more explicit bounds.

*Proof.* Define  $\|A\|_{\infty \rightarrow \infty} = \max_{x \neq 0} \frac{\|Ax\|_{\infty}}{\|x\|_{\infty}}$  and let  $\mathbb{E}_{\pi}$  = the matrix whose rows are  $\pi$ .

$$d(t) = \frac{1}{2} \|P_t - \mathbb{E}_{\pi}\|_{\infty \rightarrow \infty}$$
$$d_{TV}(P, Q) = \sup_{\|f\|_{\infty} \leq 1} \mathbb{E}_P f - \mathbb{E}_Q f$$

$P$  and  $\mathbb{E}_{\pi}$  commute, that is  $P\mathbb{E}_{\pi} = \mathbb{E}_{\pi}P$ , and

$$(P - \mathbb{E}_{\pi})^t = P_t - \mathbb{E}_{\pi}$$

which we can show by induction using

$$(P - \mathbb{E}_{\pi})^2 = P^2 - \mathbb{E}_{\pi}P - P\mathbb{E}_{\pi} + \mathbb{E}_{\pi} = P^2 - \mathbb{E}_{\pi}$$

Thus

$$d(t) = \frac{1}{2} \|(P - \mathbb{E}_\pi)^2\|_{\infty \rightarrow \infty}$$

We have for every matrix norm,  $\rho(A) = \lim_{t \rightarrow \infty} \|A^t\|^{1/t}$ . Since

$$\rho(P - \mathbb{E}) = 1 - \gamma_a$$

then

$$(d(t))^{1/t} \rightarrow \rho(P - \mathbb{E}_\pi) = 1 - \gamma_a$$

□

The issue with Thm 1 is that the constant hides the behavior for small values of  $t$ .

**Definition 2.** The inner product is defined as  $(f, g) = \sum_x \pi(x) f(x) g(x)$ .

### 1.1 Reversible chains

**Proposition 2.** 1.  $P$  is reversible  $\Leftrightarrow (Pf, g) = (f, Pg), \forall f, g$

2. There exists orthonormal eigenbasis where

$$1 = \lambda_1 \leftrightarrow f_1 = 1 \lambda_j \leftrightarrow f_j$$

and

- $(f_i, f_j) = \mathbb{I}\{i = j\}$
- $Pf_i = \lambda f_i$
- $f_i$  is real valued
- $\|f_i\|_2 = 1$

3.  $P_t g = \sum_j \lambda_j^t (f_j, g) f_j$

*Proof.* 1) Since  $P$  is reversible,  $\sum \pi(x) P(x, y) f(y) g(x) = \sum \pi(y) P(y, s) f(y) g(x)$

2) Use linear algebra

3)  $P_t g = \sum \lambda_j^t f_j (f_j, g)$  and let  $\delta_{x_0}(x) = \mathbb{I}\{x = x_0\}$ , then

$$\begin{aligned} (\delta_{x_0}, f_j) &= \pi(x_0) f_j(x_0) \\ \sum_j f_j(x_0) f_j(x) &= \frac{1}{\pi(x_0)} \mathbb{I}\{x = x_0\} \end{aligned}$$

□

## 2 $\chi^2$ distance

**Definition 3.**  $\chi^2(P||Q) = \sum_x Q(x) \left( \frac{P(x)}{Q(x)} - 1 \right)^2 = \sum_x \frac{P^2(x)}{Q(x)} - 1$

**Proposition 3.**  $d_{TV}(P, Q) \leq \frac{1}{2} \sqrt{\chi^2(P||Q)}$

*Proof.*  $\frac{1}{2} \sum_x Q(x) \left( \frac{P(x)}{Q(x)} - 1 \right) \leq \frac{1}{2} \sqrt{\sum_x Q(x) \left( \frac{P(x)}{Q(x)} - 1 \right)^2}$   $\square$

**Theorem 4.** 1.  $\chi^2(P_t(x, \cdot)||\pi) = \sum_{j \neq 1} \lambda_j^{2t} f_j^2(x)$

2. If the markov chain is transitive  $\chi^2(P_t(x, \cdot)||\pi) = \sum_{j \neq 1} \lambda_j^{2t}$

3.  $\chi^2(\nu P||\pi) \leq (1 - \gamma_a)^2 \chi^2(\nu||\pi)$   
 $d_2(t) = \sup_x \sqrt{\chi^2(P_t(x, \cdot)||\pi)}$

4.  $d_2(t) \leq (1 - \gamma_a)^t \sqrt{\frac{1}{\pi_{\min}} - 1}$

*Proof.* 1) Suppose  $\nu$  is a distribution on  $\mathcal{X}$ ,  $\nu(x) = h(x)\pi(x)$  ( $\nu$  has density  $h$ ).

$$\begin{aligned} \nu P_t(x) &= \sum_y \nu(y) P_t(y, x) \\ &= \sum_y h(y) P_t(x, y) \pi(x) \\ &= \pi(x) (P_t h)(x) \end{aligned}$$

$P_t(x_0, \cdot)$  has density  $P_t h_{x_0}(\cdot)$

$$\begin{aligned} h_{x_0}(x) &= \frac{1}{\pi(X_0)} \mathbb{I}\{x = x_0\} = \sum_j f_j(x_0) f_j(x) \\ P_t h_{x_0} &= \sum_{j=1}^n f_j(x_0) \lambda_j^t f_j(x) \end{aligned}$$

$$\begin{aligned} \chi^2(P_t(x_0, \cdot)||\pi) &= \|P_t h_{x_0} - 1\|_2^2 = (P_t h_{x_0}, P_t h_{x_0}) - 1 \\ &= \sum_{j \neq 1} \lambda_j^{2t} f_j^2(x_0) \end{aligned}$$

**Definition 4.** Permutation  $g : \mathcal{X} \rightarrow \mathcal{X}$  is a sym of  $P$  if  $P(x, y) = P(g(x), g(y))$

$P$  is transitive if  $\forall x \neq y, \exists g - \text{sym such that } g(x) = y$  (“All points are born equal”).

2)  $\mathbb{E}_{x_0 \sim \pi} \Rightarrow \mathbb{E} f_j(x_0)^2 = 1$  by orthonormal basis

3) Let  $h$  be density of  $\nu$

$$\frac{\chi^2(\nu P || \pi)}{\chi^2(\nu || \pi)} = \frac{\sum_{j \neq 1} \lambda_j^2(h, f_j)^2}{\sum_{j \neq 1} (h, f_j)^2} \leq (1 - \gamma_a)^2$$

Taking  $\sup_\nu$  will give  $(1 - \gamma_a)^2$ . Inequality is sharp when  $\nu$  is close to  $\pi$ .

4) Notice that  $\chi^2(\delta_{x_0} || \pi) = \frac{1}{\pi(x_0)} - 1$ . Then iterate 3.  $\square$

**Theorem 5.**  $(\ln \frac{1}{\varepsilon}) \cdot (\frac{1}{\gamma_a} - 1) \leq t_{mix}(\varepsilon) \leq \frac{1}{\gamma_a} (\ln \frac{1}{2\varepsilon} + \frac{1}{2} \ln \frac{1}{\pi_{\min}})$

*Proof.* Upper bound:

$$\begin{aligned} d_{TV}(t) &\leq \frac{1}{2} d_2(t) \leq (1 - \gamma_a)^t \sqrt{\frac{1}{\pi_{\min}}} = \varepsilon \\ \Rightarrow t &= \frac{\ln \frac{1}{2\varepsilon} + \ln \frac{1}{\sqrt{\pi_{\min}}}}{\ln \frac{1}{1 - \gamma_a}} \end{aligned}$$

Lower bound: If  $d(t) \leq \varepsilon$ , then  $\forall f$  such that  $\mathbb{E}_\pi f = 0$

$$||P_t f||_\infty \leq \varepsilon ||f||_\infty$$

and

$$\mathbb{E}_P f - \mathbb{E}_Q f \leq d_{TV} ||f||_\infty$$

Take  $f = f_j$  such that  $|\lambda_j| = 1 - \gamma_a$ ,

$$P_t f_j = \lambda_j^t f_j \Rightarrow \lambda_j^t ||f_j||_\infty \leq \varepsilon ||f_j||_\infty$$

$$t \ln(1 - \gamma_a) \leq \ln \varepsilon$$

$$t_{mix}(\varepsilon) \geq \frac{\ln \frac{1}{\varepsilon}}{\ln \frac{1}{1 - \gamma_a}} \geq (\frac{1}{\gamma_a} - 1) \ln \frac{1}{\varepsilon}$$

$\square$

**Definition 5.**  $t_{rel} = \frac{1}{\gamma_a}$

### 3 Mu Fa Chen

**Theorem 6** (Mu Fa Chen). *Suppose that for some metric  $\rho$ ,*

$$W_\rho(P(x, \cdot), P(y, \cdot)) \leq e^{-\alpha} \rho(x, y)$$

*then*

$$\gamma \geq 1 - e^{-\alpha}$$

Shows  $W_\rho$  contradiction implies absolute spectral gap.

*Proof.* Note that  $\forall f, \|Pf\|_{Lip} \leq \|f\|_{Lip} \rho(x, y)$ . We want to prove

$$Pf(x) - Pf(y) \leq e^{-\alpha} \|f\|_{Lip} \rho(x, y)$$

Let  $X \sim P(x, \cdot)$  and  $Y \sim P(y, \cdot)$ .

$$\begin{aligned} \mathbb{E}f(X_1) - \mathbb{E}f(Y_1) &= \mathbb{E}[f(X_1) - f(Y_1)] \\ &\leq \mathbb{E}[\|f\|_{Lip} \rho(X_1, Y_1)] \\ &= \|f\|_{Lip} \mathbb{E}(\rho(X_1, Y_1)) \\ &\leq e^{-\alpha} \rho(x, y) \|f\|_{Lip} \end{aligned}$$

Let  $f$  in above be eigenbasis  $f_j^* \leftrightarrow |\lambda_j^*| = 1 - \gamma_a$ . □

### 4 Examples

1. Lazy random walk (LRW) on  $n$ -cycle  $C_n$ . (Let  $n$  be even.)

$$P = \begin{bmatrix} \frac{1}{2} & \frac{1}{4} & 0 & \cdots & 0 & \frac{1}{4} \\ \frac{1}{4} & \frac{1}{2} & \frac{1}{4} & \cdots & 0 & 0 \\ 0 & \frac{1}{4} & \frac{1}{2} & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\ \frac{1}{4} & 0 & 0 & \cdots & \frac{1}{4} & \frac{1}{2} \end{bmatrix}$$

Eigenfunctions are  $\cos \frac{2\pi x(j-1)}{n}$  and  $\sin \frac{2\pi x(j-1)}{n}$  for  $j = 1, \dots, \frac{n}{2} + 1$ .

The eigenvalues are  $\frac{1}{2}(1 + \cos \frac{2\pi(j-1)}{n})$ .

$$\gamma_a = 1 - \lambda_2 \approx \frac{c}{n^2}$$

2. Lazy random walk on path  $P_{k-1}$ .

Project Markov chain of  $C_n$  where  $n = 2k - 2$ .

$$\begin{aligned} sp(\text{proj}P) &\subset sp(P) \\ \gamma_a(\text{proj}P) &\geq \gamma_a(P) \\ \gamma_a(P_{k-1}) &\geq \frac{c}{k^2} \end{aligned}$$

3. Product Chains. Let  $P$  be a Markov Chain on  $\mathcal{X}$ , then we define a new Markov Chain on  $\mathcal{X}^n$

$$P^{(n)} = \frac{1}{n}(P \otimes I \otimes \cdots \otimes I + I \otimes P \otimes \cdots \otimes I + \dots)$$

**Theorem 7.**  $sp(P^{(n)}) = \{\frac{1}{n} \sum_{i=1}^n \mu_i : \mu_i \in sp(P)\}$

$$\gamma_a(P^{(n)}) = \frac{1}{n} \gamma_a(P)$$

*Proof.* Eigenfunctions of  $P^{(n)}$  are  $f_{i1}(x_1), \dots, f_{in}(x_n)$ . □

LRW on  $H_n$  (hypercube) is a  $n$ -product of LRW on  $P_1$  (path) where

$$P = \begin{bmatrix} \frac{1}{2} & \frac{1}{2} \\ \frac{1}{2} & \frac{1}{2} \end{bmatrix}$$

and  $sp(P) = \{0, 1\}$ .

$$sp(\text{LRW } H_n) = \begin{cases} \frac{0}{n} & \text{multiplicity } 1 \\ \frac{1}{n} & \text{multiplicity } n \\ \vdots & \vdots \\ \frac{k}{n} & \text{multiplicity } \binom{n}{k} \\ \vdots & \vdots \end{cases}$$

Consequence:  $\gamma_a(\text{LRW } H_n) = \frac{1}{n}$ .

$$\begin{aligned}
d(t) &\leq \frac{1}{2} d_2(t) \\
&= \frac{1}{2} \sqrt{\sum_{j \neq 1} \lambda_j^{2t}} \\
&= \frac{1}{2} \sqrt{\sum_{k=0}^{n-1} \binom{n}{k} \left(\frac{k}{n}\right)^{2t}} \\
&= \frac{1}{2} \sqrt{\sum_{m=1}^{n-1} \binom{n}{m} \left(1 - \frac{m}{n}\right)^{2t}} \\
\frac{1}{2} &\leq \sqrt{\sum_{m=1}^{\infty} e^{-m(\frac{2t}{n} - \ln n)}} \\
&\leq \varepsilon
\end{aligned}$$

if  $t = \frac{1}{2}n \log n + c_\varepsilon n$

	LRW Cycle	LRW Hypercube
Upper bound	$t_{mix}(\varepsilon) \leq c_\varepsilon n^2$	$t_{mix}(\varepsilon) \leq n \log n + c_\varepsilon n$
Lower bound	$t_{mix}(\varepsilon) \geq c_\varepsilon n^2$	$t_{mix}(\varepsilon) \geq \frac{1}{2}n \log n + c_\varepsilon n$
	$t_{rel} = cn^2$	$t_{rel} = n$

All Markovian couplings only achieve  $n \log n$ .

For the hypercube,  $d(t)$  has a cutoff point. The rule of thumb (not entirely true) is if  $t_{rel}$  is not tight, there is a cutoff.