

# Lecture 11

# Mirror descent

- Projected gradient descent
- Mirror descent
- MWM as a special case of Mirror descent

## Projected gradient descent

we want to solve the following optimization problem:

$$\min_{x \in \mathcal{C}} f(x)$$

↖ convex function  
↘ convex set

GD

$$x_{t+1} \leftarrow x_t - \eta_t \nabla f(x_t)$$

Problem: We may end outside  $\mathcal{C}$ !!!

Projected GD

$$x_{t+1/2} \leftarrow x_t - \eta_t \nabla f(x_t)$$

$$x_{t+1} = \Pi_{\mathcal{C}}(x_{t+1/2})$$

projection is  $\mathcal{C}$  operator, using as a distance function  $\| \cdot \|_2^2 \Rightarrow \Pi_{\mathcal{C}}(x) = \arg \min_{y \in \mathcal{C}} \|x - y\|_2^2$

Question:

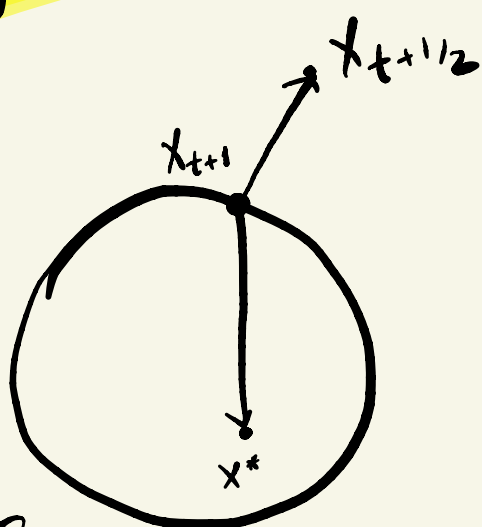
Is it always good to project?

(in other words, do we get closer to the optimal point  $x^*$  by projecting in  $C$ )

Answer:

yes!!!

$$(x_{t+1/2} - x_{t+1}) (x^* - x_{t+1}) \leq 0$$



$$\left( (x - \Pi_C(x)) (y - \Pi_C(x)) \leq 0 \right)$$

$\forall y \in C, \quad \forall x$

(remember that  $C$  is convex)

$$\Rightarrow \|x_{t+1/2} - x^*\|^2 \geq \|x_{t+1/2} - x_{t+1}\|^2 + \|x^* - x_{t+1}\|^2$$

$$\Rightarrow \|x_{t+1/2} - x^*\|^2 \geq \|x_{t+1} - x^*\|^2$$

Important observation: (in order to derive later the Projected GD update rule on convex descent)

rule  $x_{t+1/2} \leftarrow x_t - \eta_t \nabla f(x_t)$

$$x_{t+1} \leftarrow \Pi_C(x_{t+1/2}) = \arg \min_{x \in C} \|x - x_{t+1/2}\|_2^2$$

is equivalent to a "regularized" updating rule

$$x_{t+1} = \arg \min_{x \in C} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2\eta_t} \|x - x_t\|_2^2 \right\}$$



proof

$$\operatorname{argmin}_{x \in C} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2n_t} \|x - x_t\|_2^2 \right\} =$$

$$= \operatorname{argmin}_{x \in C} \left\{ \langle \nabla f(x_t), x \rangle + \frac{1}{2n_t} \|x - x_t\|_2^2 \right\} =$$

$$= \operatorname{argmin}_{x \in C} \left\{ n_t \langle \nabla f(x_t), x \rangle + \frac{1}{2} \|x - x_t\|_2^2 \right\}$$

and

$$\operatorname{argmin}_{x \in C} \|x - x_{t+1/2}\|^2 = \operatorname{argmin}_{x \in C} \|x - x_t + n_t \nabla f(x_t)\|^2 =$$

$$= \operatorname{argmin}_{x \in C} \left\{ 2 \cdot \left( \frac{1}{2} \|x - x_t\|_2^2 + \frac{1}{2} \|n_t \nabla f(x_t)\|_2^2 + \langle x - x_t, n_t \nabla f(x_t) \rangle \right) \right\}$$

$$= \operatorname{argmin}_{x \in C} \left\{ n_t \langle \nabla f(x_t), x \rangle + \frac{1}{2} \|x - x_t\|_2^2 \right\}$$



We proceed by analysing the convergence speed of Projected Gradient Descent when applied to Lipschitz, convex functions.

## Theorem

$$\min_{x \in C} f(x) \quad \begin{array}{l} \text{convex} \\ \text{Lipschitz} \Rightarrow |f(x) - f(y)| \leq L \|x - y\|_2 \\ \Rightarrow \|\nabla f(x)\|_2 \leq L \end{array}$$

$\downarrow$   
convex set

the projected G.D. with stepsize

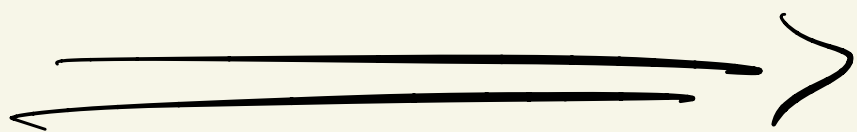
$$\eta = \frac{\|x_0 - x^*\|}{L \sqrt{T}} \text{ satisfies:}$$

$$f\left(\frac{1}{T} \sum_{t=1}^T x_t\right) - f(x^*) \leq \frac{L \|x_0 - x^*\|}{\sqrt{T}}$$

and

$$\min_{t \in [T]} f(x_t) - f(x^*) \leq \frac{L \|x_0 - x^*\|}{\sqrt{T}}$$

proof



proof

$$\|x_{t+1} - x^*\|^2 \leq \|x_{t+1/2} - x^*\|^2 \quad (\text{projection})$$

$$= \|x_t - n \nabla f(x_t) - x^*\|^2 \quad (\text{definition of } x_{t+1/2})$$

$$= \|x_t - x^*\|^2 + n^2 \|\nabla f(x_t)\|^2 - 2n \langle \nabla f(x_t), x_t - x^* \rangle \leq$$

convexity of  $f$   
 $f(x^*) \geq f(x_t) + \langle \nabla f(x_t), x^* - x_t \rangle$

$$\leq \|x_t - x^*\|^2 + n^2 \|\nabla f(x_t)\|^2 + 2n (f(x^*) - f(x_t))$$

✓ adding for  $t=0$  to  $T$

$$2n \sum_{t=0}^T (f(x_t) - f(x^*)) + \|x_{T+1} - x^*\|^2 \leq \|x_0 - x^*\|^2 + n^2 \sum_{t=0}^T \|\nabla f(x_t)\|^2$$

$$\implies \sum_{t=0}^T (f(x_t) - f(x^*)) \leq \frac{\|x_0 - x^*\|^2}{2n} + n \cdot \frac{\sum_{t=0}^T \|\nabla f(x_t)\|^2}{2}$$

$\|x_{T+1} - x^*\|^2 \geq 0$

$$\implies \frac{1}{T} \sum_{t=0}^T f(x_t) - f(x^*) \leq \frac{\|x_0 - x^*\|^2}{2nT} + \frac{n \cdot d^2}{2}$$

$\|\nabla f(x_t)\|^2 \leq d^2$

by noting that  $\min_{t \in [T]} f(x_t) \leq \frac{1}{T} \sum_{t=0}^T f(x_t)$

$$f\left(\frac{1}{T} \sum_{t=0}^T x_t\right) \leq \frac{1}{T} \sum_{t=0}^T f(x_t) \quad (\text{Jensen})$$

and setting  $n = \|x_0 - x^*\|_2 / d \cdot \sqrt{T}$  we get the theorem

## Observations

(1) Thus after  $T$  iterations the error is

$$\frac{\|x_0 - x^*\|_2 \cdot \lambda}{\sqrt{T}} \quad \text{To get an error}$$

$$\text{of } \varepsilon \text{ we need } T = O\left(\frac{\|x_0 - x^*\|_2^2 \cdot \lambda^2}{\varepsilon^2}\right)$$

iterations.

(2) we can also use a variable step

$$\text{size } n_t = \frac{\|x_0 - x^*\|_2}{\lambda \sqrt{t+1}} \quad \text{and get that}$$

$$\begin{aligned} \min_{t \in [T]} f(x_t) - f(x^*) &\leq \frac{\|x_0 - x^*\|_2^2 + \lambda^2 \cdot \sum n_t^2}{\sum n_t} = \\ &= O\left(\frac{\|x_0 - x^*\|_2^2 \cdot \lambda \cdot \log T}{\sqrt{T}}\right) \end{aligned}$$

(3) We still get that

$$\frac{1}{T} \sum_{t=0}^T (f_t(x_t) - f_t(x^*)) \leq \frac{\|x_0 - x^*\|_2 \cdot \lambda}{\sqrt{T}}$$

where the function  $f$  changes every time (online setting)

What happens if we do not have  
"very" useful information w.r.t  
the  $\ell_2$ -norm of the gradient?

For example we know that  
 $\|\nabla f(x)\|_\infty \leq 1$  but only that  $\|\nabla f(x)\|_2 \leq \sqrt{n}$ .

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## Mirror descent

Overview of what we will do:

- (1) We will define Bregman divergence  
which "should be viewed" as a  
distance function
- (2) We will redefine the projected G.D  
update rule to use the Bregman  
divergence as the projection function  
(instead of  $\|\cdot\|_2$ )
- (3) Choosing appropriate Bregman divergences  
as we get bounds w.r.t other norms than  
the  $\ell_2$ -norm

# Bregman Divergence

Let  $\psi: C \rightarrow \mathbb{R}$  be a strictly convex function, continuously differentiable, over a closed convex set  $C$ . Then we define the Bregman divergence as

$$D_\psi(x, y) := \psi(x) - \psi(y) - \langle \nabla \psi(y), x - y \rangle$$

## observations and examples

- ①  $D_\psi(x, y)$  measures how good is the first order approximation of  $\psi(x)$  at  $y$ .
- ②  $D_\psi(x, y) \geq 0 \quad \forall x, y \in C$  ( $\psi$  is strictly convex)
- ③  $D_\psi(x, y) = 0$  iff  $x = y$  ( $\psi$  is strictly convex)
- ④  $\nabla_x D_\psi(x, y) = \nabla \psi(x) - \nabla \psi(y)$



⑤ Generalized law of cosines  
(usually this property is called  
Generalized Pythagorean theorem)

$$\begin{aligned}
 D_\varphi(x, y) + D_\varphi(y, z) &= \\
 &= \varphi(x) - \varphi(y) - \langle \nabla \varphi(y), x - y \rangle \\
 &\quad + \varphi(y) - \varphi(z) - \langle \nabla \varphi(z), y - z \rangle = \\
 &= \underbrace{(\varphi(x) - \varphi(z) - \langle \nabla \varphi(z), x - z \rangle)}_{D_\varphi(x, z)} + D_\varphi(x, z) \\
 &\quad + \langle \nabla \varphi(z), x - z \rangle - \langle \nabla \varphi(y), x - y \rangle - \langle \nabla \varphi(z), y - z \rangle = \\
 &= D_\varphi(x, z) + \underbrace{\langle \nabla \varphi(z) - \nabla \varphi(y), x - y \rangle}_{\text{"angle" between } z-y \text{ and } x-y}
 \end{aligned}$$

"angle" between

$z-y$  and  $x-y$  (try  $\varphi(x) = \frac{1}{2} \|x\|^2$   
to re-derive  
the law of cosines)

⑥ Let  $\varphi(x) = \frac{1}{2} \|x\|^2 \Rightarrow D_\varphi(x, y) =$

$$\begin{aligned}
 &= \frac{1}{2} \|x\|^2 - \frac{1}{2} \|y\|^2 - \langle y, x - y \rangle = \frac{1}{2} \|x\|^2 - \frac{1}{2} \|y\|^2 + \|y\|^2 \\
 &\quad - \langle x, y \rangle = \frac{1}{2} \|x\|^2 + \frac{1}{2} \|y\|^2 - \langle x, y \rangle = \frac{1}{2} \|x - y\|^2
 \end{aligned}$$

⊕ Let  $\varphi(x) = \sum_{i=1}^n x_i \log x_i$ ,  $x \in \Delta^n$   
↓  
simplex

$$D_\varphi(x, y) = \sum x_i \log x_i - \sum y_i \log y_i$$

$$- \langle 1 + \log y, x - y \rangle =$$

$$= \sum x_i \log x_i - \sum y_i \log y_i - \sum (x_i - y_i) \overset{\text{prob. distr.}}{\rightarrow 0}$$

$$- \sum (x_i - y_i) \log y_i =$$

$$= \sum x_i \log x_i - \sum x_i \log y_i =$$

$$= \sum x_i \log x_i / y_i = \mathcal{H}(x \| y) \quad \text{😊}$$

Projections with Bregman divergence

Let  $\Pi(x) = \arg \min_{y \in C} D_\varphi(y, x)$  be the

projection operation using Bregman divergence of  $\varphi$ .

•  $\Pi(x)$  is uniquely determined because

$$g(y) = D\varphi(y, x) = \varphi(y) - \varphi(x) - \langle \nabla \varphi(x), y - x \rangle$$

is strictly convex, and  $C$  is a closed

convex set  $\Rightarrow$  unique minimizer

$$\bullet \langle \nabla \varphi(x) - \nabla \varphi(\Pi(x)), y - \Pi(x) \rangle \geq 0 \quad \forall x, \forall y \in C$$

proof

$\Pi(x)$  is a minimizer of  $D\varphi(\cdot, x)$  in  $C \Rightarrow$

$$\Rightarrow \langle \nabla D\varphi(\Pi(x), x), y - \Pi(x) \rangle \geq 0 \quad \forall y \in C$$

$$\Rightarrow \langle \nabla \varphi(\Pi(x)) - \nabla \varphi(x), y - \Pi(x) \rangle \geq 0 \quad \forall y \in C$$

$$\bullet D\varphi(y, \Pi(x)) + D\varphi(\Pi(x), x) \leq D\varphi(y, x)$$

$$\forall x, \forall y \in C$$

$$\Rightarrow D\varphi(x^*, x) \geq D\varphi(x^*, \Pi(x)), \quad x^* \in C$$



In order to construct Mirror descent we will slightly change the update rule of projected G.D.

P.G.D.

$$x_{t+1} = \underset{x \in C}{\operatorname{argmin}} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2n_t} \|x - x_t\|_2^2 \right\}$$



or

$$x_{t+1} = \underset{x \in C}{\operatorname{argmin}} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{n_t} D_\psi(x, x_t) \right\}$$

which is equivalent to

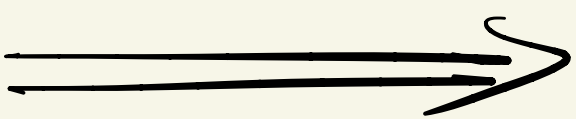
$$x_{t+\frac{1}{2}} = \underset{x}{\operatorname{argmin}} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{n_t} D_\psi(x, x_t) \right\}$$

(x)  $\rightsquigarrow$  unconstrained

$$x_{t+1} = \underset{x \in C}{\operatorname{argmin}} D_\psi(x, x_{t+\frac{1}{2}})$$

$\rightsquigarrow$  projection step

proof



$$\begin{aligned}
 \bullet \quad x_{t+1} &= \arg\min_{x \in C} \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{n_t} D_{\varphi}(x, x_t) \right\} = \\
 &= \arg\min_{x \in C} \left\{ n_t \langle \nabla f(x_t), x \rangle + \varphi(x) - \langle \nabla \varphi(x_t), x \rangle \right\} \\
 &= \arg\min_{x \in C} \left\{ \varphi(x) - \langle \nabla \varphi(x_t) - n_t \nabla f(x_t), x \rangle \right\}
 \end{aligned}$$

$$\bullet \quad x_{t+1/2} = \arg\min_x \left\{ f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{n_t} D_{\varphi}(x, x_t) \right\}$$

$$x_{t+1} = \arg\min_{x \in C} D_{\varphi}(x, x_{t+1/2})$$

the first step is unconstrained, therefore the gradient should be equal to 0  $\Rightarrow$

$$\Rightarrow \nabla f(x_t) + \frac{1}{n_t} (\nabla \varphi(x) - \nabla \varphi(x_t)) = 0 \Rightarrow$$

$$\Rightarrow \nabla \varphi(x) = \nabla \varphi(x_t) - n_t \nabla f(x_t)$$

$$\Rightarrow \nabla \varphi(x_{t+1/2}) = \nabla \varphi(x_t) - n_t \nabla f(x_t)$$

$$\Rightarrow x_{t+1/2} = (\nabla \varphi)^{-1} (\nabla \varphi(x_t) - n_t \nabla f(x_t))$$

$$x_{t+1} = \arg\min_{x \in C} D_{\varphi}(x, x_{t+1/2}) = \implies$$

$$= \argmin_{x \in C} \left\{ \varphi(x) - \varphi(x_{t+1/2}) - \langle \nabla \varphi(x_{t+1/2}), x - x_{t+1/2} \rangle \right\}$$

$$= \argmin_{x \in C} \left\{ \varphi(x) - \langle \nabla \varphi(x_{t+1/2}), x \rangle \right\} =$$

$$= \argmin_{x \in C} \left\{ \varphi(x) = \langle \nabla \varphi(x_t) - n_t \nabla f(x_t), x \rangle \right\}$$



Mirror descent

$$x_{t+1/2} = (\nabla \varphi)^{-1} \left( \nabla \varphi(x_t) - n_t \nabla f(x_t) \right)$$

$$x_{t+1} = \argmin_{x \in C} D_\varphi(x, x_{t+1/2})$$

Theorem (convergence speed) *strictly convex, etc...*

$$D_\varphi(x, y) \geq \|x - y\|^2 \quad \leftarrow \text{arbitrary norm}$$

$f$  is  $\alpha$ -Lipschitz w.r.t.  $\|\cdot\|$  then MD with stepsize  $\eta = \frac{\sqrt{\alpha \cdot D_\varphi(x^*, x_0)}}{2\sqrt{T}}$  satisfies

$$f\left(\frac{1}{T} \sum x_t\right) - f(x^*) \leq \frac{2 \sqrt{D_\varphi(x^*, x_0)} \cdot \alpha}{\sqrt{\alpha T}}$$

$$\min_{t \in [T]} f(x_t) - f(x^*) \leq \quad \text{"}$$



## proof

As in the P.GD algorithm where we proved that

$$\|x_{t+1} - x^*\|^2 \leq \|x_t - x^*\|^2 + 2n(f(x^*) - f(x_t)) + n^2 \|\nabla f(x_t)\|_2^2$$

here it suffice to prove that

$$D_\psi(x^*, x_{t+1}) \leq D_\psi(x^*, x_t) + n(f(x^*) - f(x_t)) + \frac{n^2}{a} \|\nabla f(x_t)\|_*^2$$

(then by summing for  $t=0, \dots, T$  we get a telescopic sum etc etc)

we start by taking the generalized law of cosines:

$$D_\psi(x^*, x_{t+1}) + D_\psi(x_{t+1}, x_t) = D_\psi(x^*, x_t) + \langle \nabla \psi(x_t) - \nabla \psi(x_{t+1}), x^* - x_{t+1} \rangle$$

moreover since  $x_{t+1} = \Pi_C(x_{t+1/2})$  we have

$$\langle \nabla_{x_{t+1}} D_\psi(x_{t+1}, x_{t+1/2}), y - x_{t+1} \rangle \geq 0 \quad (\text{because } x_{t+1} \text{ is a minimizer})$$
$$\langle \nabla \psi(x_{t+1}) - \nabla \psi(x_{t+1/2}), x_{t+1} - y \rangle \leq 0 \quad \forall y \in C$$

$$\Rightarrow \langle \nabla \psi(x_{t+1}), x_{t+1} - y \rangle \leq \langle \nabla \psi(x_{t+1/2}), x_{t+1} - y \rangle \quad \forall y \in C$$

by setting  $y = x^*$  and using the law of cosines

we get  $\Rightarrow$

$$D_{\varphi}(x^*, x_{t+1}) + D_{\varphi}(x_{t+1}, x_t) = D_{\varphi}(x^*, x_t) + \langle \nabla \varphi(x_t) - \nabla \varphi(x_{t+1/2}), x^* - x_{t+1} \rangle$$

$\Downarrow$

$$D_{\varphi}(x^*, x_{t+1}) + D_{\varphi}(x_{t+1}, x_t) \leq D_{\varphi}(x^*, x_t) + \langle \nabla \varphi(x_t) - \nabla \varphi(x_{t+1/2}), x^* - x_{t+1} \rangle$$

$$\Downarrow \nabla \varphi(x_{t+1/2}) = \nabla \varphi(x_t) - \eta_t \nabla f(x_t)$$

$$D_{\varphi}(x^*, x_{t+1}) + D_{\varphi}(x_{t+1}, x_t) \leq D_{\varphi}(x^*, x_t) + \eta_t \langle \nabla f(x_t), x^* - x_{t+1} \rangle$$

$\Downarrow$  rearranging

$$D_{\varphi}(x^*, x_{t+1}) \leq D_{\varphi}(x^*, x_t) + \eta_t \langle \nabla f(x_t), x^* - x_t \rangle - \eta_t \langle \nabla f(x_t), x_{t+1} - x_t \rangle$$

$$\Downarrow \text{first order condition} - D_{\varphi}(x_{t+1}, x_t)$$

$$D_{\varphi}(x^*, x_{t+1}) \leq D_{\varphi}(x^*, x_t) + \eta_t (f(x^*) - f(x_t)) - \eta_t \langle \nabla f(x_t), x_{t+1} - x_t \rangle - D_{\varphi}(x_{t+1}, x_t)$$

$$D_{\varphi}(x, y) \geq \alpha \|x - y\|^2$$

$$\Downarrow \eta_t \langle \nabla f(x_t), x_{t+1} - x_t \rangle \leq \eta_t \|\nabla f(x_t)\|_* \|x_{t+1} - x_t\|$$

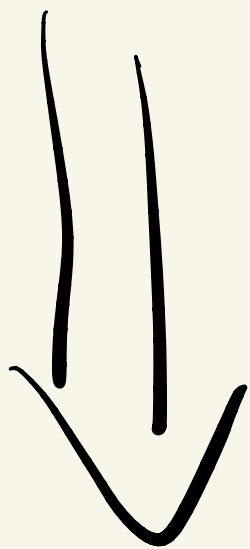
$$D_{\varphi}(x^*, x_{t+1}) \leq D_{\varphi}(x^*, x_t) + \eta_t (f(x^*) - f(x_t)) + \eta_t \|\nabla f(x_t)\|_* \|x_{t+1} - x_t\| - \alpha \|x_{t+1} - x_t\|^2$$

$$D_\varphi(x^*, x_{t+1}) \leq D_\varphi(x^*, x_t) + n_+(f(x^*) - f(x_t)) + n_+ \|\nabla f(x_t)\|_* \|x_{t+1} - x_t\| - \alpha \|x_{t+1} - x_t\|^2$$

$$n_+ \|\nabla f(x_t)\|_* \|x_{t+1} - x_t\|$$

$$- \alpha \|x_{t+1} - x_t\|^2$$

$$\leq \frac{n_+^2 \|\nabla f(x_t)\|_*^2}{\alpha}$$



$$D_\varphi(x^*, x_{t+1}) \leq D_\varphi(x^*, x_t) + n_+(f(x^*) - f(x_t)) + \frac{n_+^2 \|\nabla f(x_t)\|_*^2}{\alpha}$$

to make everything work  
remember, we need to select  
 $\psi$  s.t.  $D_\varphi(x, y) \geq \alpha \|x - y\|^2$



Thus, to achieve  $\varepsilon$ -optimality

$$\text{we need } 2 \frac{\sqrt{D_\varphi(x^*, x_0)} \cdot \alpha}{\sqrt{\alpha T}} \leq \varepsilon \Rightarrow$$

$$\Rightarrow T = O\left(\frac{D_\varphi(x^*, x_0) \alpha^2}{\alpha \varepsilon^2}\right)$$

$f$  is  $\alpha$ -lipschitz w.r.t  
norm  $\|\cdot\|$  which may not be  
the  $\ell_2$ -norm !!