

EPFL – École Polytechnique Fédérale de Lausanne, Switzerland

EPFL Study Tour Programme to Tajikistan

04 July 2015 – 16 July 2015

Hostel Dushanbe:

Green House Hostel, 98a Khusravi Dekhlavi street, Dushanbe

<http://greenhousedushanbe.com>

Phone: +992 880082725, +992 915536186

Important Contacts:

Swiss Cooperation Office, 3 Tolstoy str, Dushanbe, Tajikistan.

+ 992 224 73 16

Regina Gujan, Program Coordinator

+ 992 918 79 85 02 (mobile phone)

Anvar Sabzaliev, National Program Officer on DRR

+ 992 918 63 17 28 (mobile phone)

Ramziya Mamadnazarova, Media & Communication Officer

+ 992 98 736 00 92 (mobile phone)

Igor Starostin, Logistic Officer

+ 992 918 61 23 15 (mobile phone)

Drivers:

Oleg Shevlyakov , Murodali Safarov , Maruf Khakimov

SDC : [Swiss Agency for Development and Cooperation \(SDC\)](#)

MSDSP : Mountain Societies Development Support Programme

AKF : [Aga Khan Foundation](#)

FOCUS: Focus Humanitarian Assistance

COSE : **Project** Creating Opportunities in a Safe Environment

Saturday, 04 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS FROM SCO	REMARKS
03: 45	Arrival of EPFL team to Dushanbe Airport Turkish airlines	Dushanbe airport	SCO Drivers	SCO driver to meet at the exit (Minibus and 1 Land Cruiser)
04:00	Transfer and accommodation at the Green House Hostel	Green House Hostel , Dushanbe		
12:00- 13:45	Lunch	Sim-Sim Restaurant, Dushanbe	Regina	SCO minibus, SCO LC
14:00- 15:30	Welcome and Briefing at SCO	SCO premises	Regina, Anvar, Ramziya	SCO minibus, SCO LC
15:30- 18:30	Sightseeing and culture tour in Dushanbe	TBD	Ramziya, Mouattara	SCO minibus, SCO LC
18:30- 21:00	Dinner	Victory Park, Dushanbe	Regina	SCO minibus, SCO LC
21:00	Overnight at the Green House hostel	Green House Hostel, Dushanbe		SCO minibus, SCO LC

Sunday, 05 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
09:00- 18:00	Trip to Nurek lake, swimming	TBD	Regina, Anvar, Ramziya	SCO minibus, SCO LC
21:00	Overnight at the Green House hostel	Green House Hostel, Dushanbe		

Monday, 06 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
03:45	Arrival to Dushanbe Airport Turkish airlines	Dushanbe airport	1 student	SCO driver to meet at the exit
13:00 - 17:00	Travel Dushanbe - Muminabad (South Tajikistan)	Pick up from the Hostel	SCO team	3 SCO LC 2 AKF LC
18:00- 21:00	Dinner in Muminabad	Muminabad	SCO team, CARITAS staff	
	Overnight in Muminabad at: Dacha	Muminabad		

Tuesday, 07 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
07:00 – 08:00	Breakfast at : Dacha	Muminabad	EPFL and SCO teams	
08:00- 18:00	Project visits in Muminabad: <ul style="list-style-type: none">- Integrated Watershed Management / DRR in Chukurak and Obishur (Caritas Switzerland)- Safe Drinking Water (Oxfam GB)- Community Family Medicine (AKHS)		CARITAS staff, Oxfam staff	3 SCO LC 2 AKF LC Lunch at Dacha organized by Cartias
18:00	Dinner at: Dacha	Muninabad	EPFL, SCO teams and Caritas staff	
	Overnight in Muminabad at: Dacha	Muninabad	EPFL and SCO teams	

Wednesday, 08 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
------	----------	-----------------	--------------	---------

06:00 – 07:00	Breakfast at : Dacha	Muminabad	EPFL and SCO team	
07:00 – 17:00	Travel from Muminabad to Khorog			3 SCO LC 2 AKF LC
18:00	Dinner at Pamir Lodge Hostel	Khorog, Pamir Lodge		
	Overnight at Pamir Lodge Hostel	Khorog, Pamir Lodge		

Thursday, 09 July 2015 : Gunt Valley, Pamir Highway

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
07:00-08:00	Breakfast at: Pamir Lodge	Khorog	EPFL and SCO team	
08:00-10:00	Welcome and Presentation of COSE - Integrated Risk Management project	FOCUS Office		3 SCO LC 2 AKF LC
10:00-18:00	Visit to AKDN project sites in Gund Valley, GBAO: <ul style="list-style-type: none"> - UCA Campus - Income Generation / Livelihood Development and Community-based Family Medicine (MSDSP & AKHS) - “Khorog-1” Hydro Power Station (Pamir Energy) - Rural Water Supply and Sanitation (SDC & MSDSP) - Disaster Risk Reduction: construction of water diverted dam and planned evacuation bridge (FOCUS) - EWS and way it functions (SDC) 	Khorog Barsem Village Tang Village Vibist Village Shitam Village Nimath Village		Lunch organized by FOCUS in Sezhd Village
18:00	Dinner at Pamir Lodge Hostel	Khorog, Pamir Lodge		
	Overnight at Pamir Lodge Hostel	Khorog, Pamir Lodge		

Friday, 10 July 2015 : Shohdara Valley

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
07:00-08:00	Breakfast at: Pamir Lodge Hostel	Khorog (2070 m)	EPFL and SCO team	
08:00-18:00	Visit to AKDN project sites in Shohdara Valley: <ul style="list-style-type: none"> - Rehabilitation of water channel (SDC & MSDSP/COSE) - Income Generating - Visiting GLOF site 	Shikush Village Dasht Village		3 SCO LC 2 AKF LC Lunch Roshtqala

	<ul style="list-style-type: none"> - Construction of mudflow protection walls (SDC & FOCUS/COSE) - Clearance of debris flow (SDC & FOCUS/COSE) - Construction of water diverted dam (SDC & MSDSP/COSE) - Durum Lake -3345 m)(considered as remote hazard) 	Shivoz Village Zanuthj Village Bithej Village Sezhd Village		
18:00	Dinner at Pamir Lodge Hostel	Khorog, Pamir Lodge		

Saturday, 11 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
07:00-08:00	Breakfast at: Pamir Lodge Hostel	Khorog	EPFL and SCO team	
08:00 – 13:00	Trip from Khorogh to Ishkashim (Bibi Fotima Spring)			PECTA for logistics 3 SCO LC + 2 AKF LC
13:00-18:00	Lunch and Guided Tour around Bibi Fotima Spring -Stupa - Wrang solar calendar -Hot spring Yanchun	Ishkashim	PECTA	Lunch organized by PECTA
19:00	Dinner and overnight stay (Homestay)	Vickut	PECTA	

Sunday, 12 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
07:00 – 08:00	Breakfast (Homestay)	Ishkashim	PECTA	
08:00 – 13:00	Trip from Ishkashim to Khorog			3 SCO LC 2 AKF LC
13:00 -	Check in Pamir Logde and Free time in Khorog	Khorog		
	Overnight at: Pamir Lodge Hostel	Khorog		

Monday, 13 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
06:30 –	Breakfast at: Pamir Lodge Hostel	Khorog	EPFL and SCO team	

07:00				
07:00 – 19:00	Trip from Khorogh to Dushanbe - WWTP - Discharge	-		Lunch at Hot spring Malvog
	Overnight at the Green House hostel	Dushanbe		

Tuesday, 14 July 2015 (Reserve day)

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
	Reserve day	Dushanbe		
	Overnight at the Green House hostel	Dushanbe		

Wednesday, 15 July 2015 (Extra day)

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
09:00 - 11:00	Debriefing at SCO Office	SCO Office	Regina, Anvar, Ramziya	SCO minibus, SCO LC
11:00	Lunch in Varzob Valley Option: to go outside of Dushanbe	Varzob Valley	Regina, Anvar, Ramziya	SCO minibus, SCO LC
	Overnight at the Green House hostel	Dushanbe		

Thursday, 16 July 2015

TIME	ACTIVITY	ADDRESS/CONTACT	PARTICIPANTS	REMARKS
03:40	Departure from Dushanbe to Switzerland (Departure to Istanbul with TK at 05:00)	Dushanbe airport	SCO Drivers	SCO driver to meet at the exit (Minibus and 1 Land Cruiser)