Reinforcement Learning

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Lecture 5: Policy Gradient II

Laboratory for Information and Inference Systems (LIONS) École Polytechnique Fédérale de Lausanne (EPFL)

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Recap: Policy optimization

o The objective of reinforcement learning in terms of the policy parameters is given by the following:

$$\max_{\theta} J(\pi_{\theta}) := \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} r(s_{t}, a_{t}) | s_{0} \sim \mu, \pi_{\theta}\right] = \mathbb{E}_{s \sim \mu}[V^{\pi_{\theta}}(s)].$$

Tabular parametrization

Direct parameterization:

$$\pi_{\theta}(a|s) = \theta_{s,a}, \text{ with } \theta_{s,a} \geq 0, \sum_{a} \theta_{s,a} = 1.$$

► Softmax parameterization:

$$\pi_{\theta}(a|s) = \frac{\exp(\theta_{s,a})}{\sum_{a' \in \mathcal{A}} \exp(\theta_{s,a'})}.$$

Non-tabular parametrization

Softmax parameterization:

$$\pi_{\theta}(a|s) = \frac{\exp(f_{\theta}(s, a))}{\sum_{a' \in \mathcal{A}} \exp(f_{\theta}(s, a'))}.$$

Gaussian parameterization:

$$\pi_{\theta}(a|s) \sim \mathcal{N}\left(\mu_{\theta}(s), \sigma_{\theta}^{2}(s)\right).$$

Recap: Policy gradient methods

o The exact policy gradient method is a special case of the stochastic policy gradient method.

Stochastic policy gradient method

By stochastic policy gradient method, we mean the following update rule:

$$\theta_{t+1} \longleftarrow \theta_t + \alpha_t \hat{\nabla}_{\theta} J(\pi_{\theta_t}),$$

where $\hat{\nabla}_{\theta}J(\pi_{\theta_t})$ is a stochastic estimate of the full gradient of the performance objective and is used in

- ► REINFORCE [18]
- ► REINFORCE with baseline [18]
- ► Actor-critic [11]
- **.**..

Previous lecture

o In the previous lecture, we answered the following two questions.

Question 1 (Non-concavity)

When do policy gradient methods converge to an optimal solution? If so, how fast?

Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

Previous lecture

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Question 1 (Non-concavity)

When do policy gradient methods converge to an optimal solution? If so, how fast?

Remarks: o Optimization wisdom: GD/SGD can converge to the global optima for "convex-like" functions:

$$J(\pi^{\star}) - J(\pi) = \mathcal{O}(\|\nabla J(\pi)\|) \text{ or } \mathcal{O}(\|G(\pi)\|)$$

o Take-away: Despite nonconcavity, PG converges to the optimal policy, in a sublinear or linear rate.

Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

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o Take-away: Despite nonconcavity, PG converges to the optimal policy, in a sublinear or linear rate.

Question 2 (Vanishing gradient)

How to avoid vanishing gradients and further improve the convergence?

Remarks: o Optimization wisdom: Use divergence with good curvature information.

o Take-away: Natural policy gradient achieves a faster convergence with better constants.

This lecture

 \circ In this lecture, we will answer the following questions.

Question 3 (theory)

- Why does NPG achieve a better convergence?
- o How can we further improve the algorithm?
- o To answer Question 3, we first revisit some optimization background (next few slides).

Question 4 (practice)

- o How do we extend the algorithms to function approximation settings?
- o How do we extend the algorithms to online settings without computing exact gradient?
- o How do we extend the algorithms to off-policy settings?
- o To answer Question 4, we will have a look at recent papers (second part of this lecture).

The algorithmic path towards an understanding

- o We will discover NPG and the two closely related algorithms: TRPO and OPPO.
- o We will study the implications of advantage estimation and exploration in their convergence.
- o We will further discuss the successful PPO algorithm.

Algorithm	Convergence rate	Unknown transitions	Hard environments
Vanilla PG [16]	$\mathcal{O}\left(\frac{16 \mathcal{S} \kappa^2}{c^2(1-\gamma)^5T}\right)$	×	×
Tabular NPG [2]	$\mathcal{O}\left(\frac{2}{(1-\gamma)^2T}\right)$	×	✓
Sample-based NPG	$\mathcal{O}\left(rac{1}{1-\gamma}\sqrt{rac{2\log \mathcal{A} }{T}}+\sqrt{\kappa\epsilon_{stat}} ight)$	✓	×
OPPO [5]	$\mathcal{O}\left(\frac{ \mathcal{S} \mathcal{A} }{\sqrt{(1-\gamma)^3T}}\right)$	✓	/

Remarks:

- Ohere are the key quantities in the table:
 - $c = [\min_{s,t} \pi_{\theta_*}(a^*(s)|s)]^{-1} > 0$
 - $\kappa = \left\| \frac{\lambda_{\mu}^{\pi^{\star}}}{\mu} \right\|_{\infty}$ is larger when it is harder to explore and is possibly ∞ .
 - $ightharpoonup \epsilon_{\text{stat}}$ is the statistical error incurred in estimating the advantage function A^{π} .

Revisiting gradient descent

- \circ Consider the optimization problem $\min_{\mathbf{x} \in \mathbb{R}^d} \ f(\mathbf{x}).$
 - Gradient descent (GD):

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \eta \nabla_{\mathbf{x}} f(\mathbf{x}_t).$$

Equivalent regularized form:

$$\mathbf{x}_{t+1} = \arg\min_{\mathbf{x}} \left\{ \nabla_{\mathbf{x}} f(\mathbf{x}_t)^{\top} (\mathbf{x} - \mathbf{x}_t) + \frac{1}{2\eta} \|\mathbf{x} - \mathbf{x}_t\|_2^2 \right\}.$$

Equivalent trust region form:

$$\mathbf{x}_{t+1} = \arg\min_{\mathbf{x}} \nabla_{\mathbf{x}} f(\mathbf{x}_t)^{\top} (\mathbf{x} - \mathbf{x}_t), \text{ s.t. } \|\mathbf{x} - \mathbf{x}_t\|_2 \le \eta \|\nabla_{\mathbf{x}} f(\mathbf{x}_t)\|.$$

Question: \circ Would GD give the same trajectory under invertible linear transformations $(\mathbf{x} \to \mathbf{A}\mathbf{x})$?

Revisiting gradient descent (cont'd)

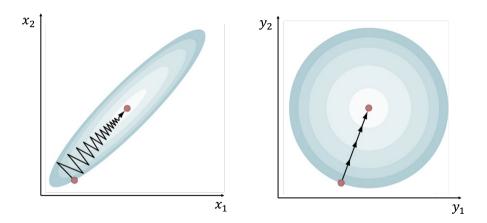


Figure: GD is not invariant w.r.t. linear transformations.

Recall Bregman divergences

Bregman divergence

Let $\omega: \mathcal{X} \to \mathbb{R}$ be continuously differentiable and 1-strongly convex w.r.t. some norm $\|\cdot\|$ on \mathcal{X} . The Bregman divergence D_{ω} associated to ω is defined as

$$D_{\omega}(\mathbf{x}, \mathbf{y}) = \omega(\mathbf{x}) - \omega(\mathbf{y}) - \nabla \omega(\mathbf{y})^{T} (\mathbf{x} - \mathbf{y}),$$

for any $\mathbf{x}, \mathbf{y} \in \mathcal{X}$.

Examples:

- Euclidean distance: $\omega(\mathbf{x}) = \frac{1}{2} ||\mathbf{x}||_2^2$, $D_{\omega}(\mathbf{x}, \mathbf{y}) = \frac{1}{2} ||\mathbf{x} \mathbf{y}||_2^2$.
- $\text{o Mahalanobis distance: } \omega(\mathbf{x}) = \frac{1}{2}\mathbf{x}^TQ\mathbf{x} \text{ (where } Q \succeq I) \text{, } D_{\omega}(\mathbf{x},\mathbf{y}) = \frac{1}{2}(\mathbf{x}-\mathbf{y})^TQ(\mathbf{x}-\mathbf{y}).$
- \circ Kullback-Leibler divergence: $\mathcal{X} = \{\mathbf{x} \in \mathbb{R}^d_+ : \sum_{i=1}^d x_i = 1\}$, $\omega(\mathbf{x}) = \sum_{i=1}^d x_i \log x_i$

$$D_{\omega}(\mathbf{x}, \mathbf{y}) = \mathrm{KL}(\mathbf{x} \| \mathbf{y}) := \sum_{i=1}^{d} x_i \log \frac{x_i}{y_i}.$$

Background: Mirror descent

Mirror descent (Nemirovski & Yudin, 1983)

For a given strongly convex function ω and initialization x_0 , the iterates of mirror descent [3] are given by

$$\mathbf{x}_{t+1} = \underset{\mathbf{x} \in \mathcal{X}}{\min} \{ \langle \nabla_{\mathbf{x}} f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{1}{\eta_t} D_{\omega}(\mathbf{x}, \mathbf{x}_t) \}.$$

Examples:

$$\text{o Gradient descent: } \mathcal{X} \subseteq \mathbb{R}^d \text{, } \omega(\mathbf{x}) = \tfrac{1}{2} \|\mathbf{x}\|_2^2 \text{, } D_\omega(\mathbf{x},\mathbf{x}_t) = \tfrac{1}{2} \|\mathbf{x} - \mathbf{x}_t\|_2^2.$$

$$\mathbf{x}_{t+1} = \Pi_{\mathcal{X}}(\mathbf{x}_t - \eta_t \nabla_{\mathbf{x}} f(\mathbf{x}_t)).$$

o Entropic mirror descent [3]:
$$\mathcal{X} = \Delta_d$$
, $\omega(\mathbf{x}) = \sum_{i=1}^d x_i \log x_i$, $D_{\omega}(\mathbf{x}, \mathbf{x}_t) = \mathrm{KL}(\mathbf{x} \| \mathbf{x}_t)$

$$\mathbf{x}_{t+1} \propto \mathbf{x}_t \odot \exp(-\eta_t \nabla_{\mathbf{x}} f(\mathbf{x}_t)),$$

where \odot is element-wise multiplication and $\exp(\cdot)$ is applied element-wise.

- o Entropic Mirror Descent attains nearly dimension-free convergence [3] (also see Chapter 4 [4]).
- o See Lecture 3 Supplementary Material for more details and examples.

Background: Fisher information and KL divergence

Fisher Information Matrix

Consider a smooth parametrization of distributions $\theta\mapsto p_{\theta}(\cdot)$, the Fisher information matrix is defined as

$$F_{\theta} = \mathbb{E}_{z \sim p_{\theta}} [\nabla_{\theta} \log p_{\theta}(z) \nabla_{\theta} \log p_{\theta}(z)^{\top}].$$

Remarks:

- o It is an invariant metric on the space of the parameters.
- o Fisher information matrix is the Hessian of KL divergence.

$$F_{\theta_0} = \frac{\partial^2}{\partial \theta^2} \operatorname{KL}(p_{\theta_0} || p_{\theta}) \Big|_{\theta = \theta_0}.$$

o The second-order Taylor expansion of KL divergence is given by

$$\mathrm{KL}(p_{\theta_0} \| p_{\theta}) \approx \frac{1}{2} (\theta - \theta_0)^{\top} F_{\theta_0} (\theta - \theta_0).$$

Background: Natural gradient descent

- o Consider the optimization problem $\min_{\mathbf{x} \in \Delta} f(\mathbf{x})$ and represent \mathbf{x} by $p_{\theta}(\cdot)$.
 - Natural gradient descent (Amari, 1998):

$$\theta_{t+1} = \theta_t - \eta(F_{\theta_t})^{\dagger} \nabla_{\theta} f(\theta_t).$$

Equivalent regularized form:

$$\theta_{t+1} = \arg\min_{\theta} \left\{ \nabla_{\theta} f(\theta_t)^{\top} (\theta - \theta_t) + \frac{1}{2\eta} (\theta - \theta_t)^{\top} F_{\theta_t} (\theta - \theta_t) \right\}.$$

Equivalent trust region form:

$$\theta_{t+1} = \arg\min_{\theta} \nabla_{\theta} f(\theta_t)^{\top} (\theta - \theta_t), \text{ s.t. } \frac{1}{2} (\theta - \theta_t)^{\top} F_{\theta_t} (\theta - \theta_t) \leq \frac{1}{2} \eta^2 \nabla_{\theta} f(\theta_t)^{\top} F_{\theta_t}^{\dagger} \nabla_{\theta} f(\theta_t).$$

Natural Policy Gradient (NPG)

Natural Policy Gradient (Kakade, 2002)[9]

Given the reinforcement learning objective $\max_{\theta} J(\pi_{\theta}) := \mathbb{E}\left[\sum_{t=0}^{\infty} \gamma^{t} r(s_{t}, a_{t}) | s_{0} \sim \mu, \pi_{\theta}\right] = \mathbb{E}_{s \sim \mu}[V^{\pi_{\theta}}(s)],$ the iterates of NPG are given by

$$\theta_{t+1} = \theta_t + \eta(F_{\theta_t})^{\dagger} \nabla_{\theta} J(\pi_{\theta_t}),$$

where $\eta > 0$ is the step-size of the algorithm.

Key elements: $\circ F_{\theta}$ is the Fisher Information Matrix:

$$F_{\theta} = \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot|s)} \left[\nabla_{\theta} \log \pi_{\theta}(a|s) \nabla_{\theta} \log \pi_{\theta}(a|s)^{\top} \right].$$

 $\circ \nabla_{\theta} J(\pi_{\theta})$ is the policy gradient, which can be written as follows

$$\nabla_{\theta} J(\pi_{\theta}) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot | s)} \left[A^{\pi_{\theta}}(s, a) \nabla_{\theta} \log \pi_{\theta}(a | s) \right].$$

 $\circ A^{\pi_{\theta}}(s,a)$ is the advantage function:

$$A^{\pi_{\theta}}(s, a) = Q^{\pi_{\theta}}(s, a) - V^{\pi_{\theta}}(s).$$

 \circ C^{\dagger} is the Moore-Penrose inverse of a matrix C.

Interpretation of NPG

o The update rule of NPG can be viewed as solving the quadratic approximation of the problem:

$$\theta_{t+1} \approx \mathop{\arg\max}_{\theta} \left\{ J(\pi_{\theta}), \text{ s.t. } \operatorname{KL}\left(p_{\theta_t}(\tau) \| p_{\theta}(\tau)\right) \leq \delta \right\},$$

where $p_{\theta}(\tau)$ is the probability measure of the random trajectory $\tau = (s_0, a_0, r_1, \dots, \dots)$.

Explanation:

o Approximate the objective with the first-order Taylor expansion:

$$J(\pi_{\theta}) \approx J(\pi_{\theta_t}) + \nabla_{\theta} J(\pi_{\theta_t})^{\top} (\theta - \theta_t).$$

o Approximate the constraint with the second-order Taylor expansion (See Slide 11):

$$\mathrm{KL}\left(p_{\theta_t}(\tau) \| p_{\theta}(\tau)\right) \approx \frac{1}{2} (\theta - \theta_t)^{\top} F_{\theta_t}(\theta - \theta_t) \leq \delta$$

 \circ Set $\delta = \frac{1}{2} \eta^2 \nabla_{\theta} f(\theta_t)^{\top} F_{\theta_t}^{\dagger} \nabla_{\theta} f(\theta_t)$ and see Slide 13

Question:

o How can we compute the iterates of natural policy gradient efficiently?

Computing natural policy gradient

 \circ As opposed to naively computing $(F_{\theta})^{\dagger} \nabla_{\theta} J(\pi_{\theta})$ in NPG, we will use a key identity.

Equivalent form of NPG (Appendix C.3 [2])

Let $w^{\star}(\theta)$ be such that

$$(1 - \gamma)(F_{\theta})^{\dagger} \nabla_{\theta} J(\pi_{\theta}) = w^{\star}(\theta).$$

Then, $w^*(\theta)$ is the solution to the following least squares minimization problem:

$$w^{\star}(\theta) \in \arg\min_{w} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot | s)} \left[\left(w^{\top} \nabla_{\theta} \log \pi_{\theta}(a | s) - A^{\pi_{\theta}}(s, a) \right)^{2} \right], \tag{1}$$

where $A^{\pi_{\theta}}(s, a)$ is the advantage function $A^{\pi_{\theta}}(s, a) = Q^{\pi_{\theta}}(s, a) - V^{\pi_{\theta}}(s)$.

Proof:

$$\nabla_{w} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot | s)} \left[\left(w^{\top} \nabla_{\theta} \log \pi_{\theta}(a | s) - A^{\pi_{\theta}}(s, a) \right)^{2} \right] \Big|_{w^{\star}(\theta)} = 0$$

$$2w^{\star}(\theta)^{\top} \underbrace{\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot | s)} \left[\nabla_{\theta} \log \pi_{\theta}(a | s) \nabla_{\theta} \log \pi_{\theta}(a | s)^{\top} \right]}_{F_{\theta}} - 2\underbrace{\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot | s)} \left[A^{\pi_{\theta}}(s, a) \nabla_{\theta_{t}} \log \pi_{\theta}(a | s) \right]}_{(1 - \gamma)\nabla_{\theta} J(\pi_{\theta})} = 0$$

$$w^{\star}(\theta) = (1 - \gamma)(F_{\theta})^{\dagger} \nabla_{\theta} J(\pi_{\theta})$$

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where $A^{\pi_{\theta}}(s, a)$ is the advantage function $A^{\pi_{\theta}}(s, a) = Q^{\pi_{\theta}}(s, a) - V^{\pi_{\theta}}(s)$.

Remarks: o Note that since the update rule of NPG is $\theta_{t+1} = \theta_t + \eta(F_\theta)^{\dagger} \nabla_{\theta} J(\pi_{\theta})$, we can rewrite NPG as:

$$\theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} w^*(\theta_t).$$

 $\circ w^*(\theta_t)$ can be obtained by solving (1) via conjugate gradients, SGD, and other solvers.

Example 1: Tabular NPG under softmax parameterization

o With softmax parameterization, the NPG becomes the policy mirror descent algorithm (Slide 11)

NPG parameter update

Consider the softmax parameterization $\pi_{\theta}(a|s) = \frac{\exp(\theta_{s,a})}{\sum_{a'} \exp(\theta_{s,a'})}$ and denote $\pi_t = \pi_{\theta_t}$, the NPG parameter update can be simplified to the following:

$$\theta_{t+1} = \theta_t + \frac{\eta}{1 - \gamma} A^{\pi_t}.$$

Proof available in the Supplementary material.

NPG policy update + softmax parametrization = policy mirror descent

In policy space, the induced update corresponds to the following:

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp(\eta/(1-\gamma) \cdot A^{\pi_t}(s,a))}{Z_t(s)}, \text{ where } Z_t(s) = \frac{\sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma) \cdot A^{\pi_t}(s,a'))}.$$

Example 2: NPG with linear function approximation

o In this case, we can also express the NPG update rule via a regression problem.

NPG parameter update

Consider $\pi_{\theta}(a|s) = \frac{\exp(\theta^{\top}\phi(s,a))}{\sum_{a'} \exp(\theta^{\top}\phi(s,a'))}$ and denote $\pi_t = \pi_{\theta_t}$. In this case we have that

 $\nabla_{\theta} \log(\pi_{\theta}(a|s)) = \overline{\phi(s,a)} - \sum_{s'} \pi_{\theta}(a|s')\phi(s,a')$ and consequently:

$$w^{\star}(\theta) \in \arg\min_{w} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot \mid s)} \left[\left(w^{\top} \left(\phi(s, a) - \sum_{a'} \pi_{\theta}(a \mid s') \phi(s, a') \right) - A^{\pi_{\theta}}(s, a) \right)^{2} \right].$$

Finally, the induced NPG parameter update becomes: $\theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} w^\star(\theta_t)$

NPG policy update + softmax parametrization = policy mirror descent

Similarly, we can obtain a mirror descent update rule in the policy space.

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp\left(\frac{\eta}{(1-\gamma)} w^\star(\theta_t)^\top \phi(s,a)\right)}{Z_t(s)}, \text{ where } Z_t(s) = \frac{\sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp\left(\theta_{t,s,a'} + \frac{\eta}{(1-\gamma)} w^\star(\theta_t)^\top \phi(s,a')\right)}$$

Convergence of tabular NPG with softmax parametrization

o Question: In the case of NPG with softmax parametrization, how fast do we converge to the optimal solution?

NPG policy update

Remember that for the softmax parametrization we have:

$$\pi_{t+1}(a|s) = \pi_t(a|s) \frac{\exp(\eta/(1-\gamma) \cdot A^{\pi_t}(s,a))}{Z_t(s)}$$

Convergence of tabular NPG [2]

In the tabular setting, for any $\eta \geq (1-\gamma)^2 \log |\mathcal{A}|$ and T>0, the tabular NPG satisfies

$$J(\pi^{\star}) - J(\pi_T) \le \frac{2}{(1-\gamma)^2 T}.$$

Remarks:

- \circ Nearly dimension-free convergence, no dependence on $|\mathcal{A}|, |\mathcal{S}|$.
- No dependence on distribution mismatch coefficient.
- \circ In the case of known environment, $\eta=\infty$ recovers Policy Iteration (Supplementary material)

Question:

• What is the computational cost of this (nearly) dimension-free method?

Sample-based NPG

o **Questions:** What if we do not know the environment? Can we estimate $A^{\pi_t}(s,a)$?

```
Sample-based NPG
   Initialize policy parameter \theta_0 \in \mathbb{R}^d, step size n > 0. \alpha > 0
   for t = 0, 1, ..., T - 1 do {NPG steps}
     Initialize w_0, denote \pi_t = \pi_\theta.
     for n = 0, 1, ..., N - 1 do {Gradient Descent steps for the regression problem}
        Sample s \sim \lambda_{\mu}^{\pi_t}, a \sim \pi_t(\cdot|s)
        Estimate \hat{A}(s, a) {Unbiased estimator of A^{\pi_t}(s, a)}
        Update w_{n+1} \leftarrow w_n - \alpha(w^\top \nabla_\theta \log \pi_t(a|s) - \hat{A}(s,a)) \cdot \nabla_\theta \log \pi_t(a|s) {Gradient Descent step}
     end for
     Update \theta_{t+1} = \theta_t + \frac{\eta}{1-\gamma} w_N {NPG step}
   end for
```

Extra: How to sample from an occupancy measure and estimate $\hat{A}(s,a)$?

Sampling routine for λ_{μ}^{π}

Input: a policy π .

Sample $T \sim \text{Geom}(1 - \gamma)$ and $s_0 \sim \mu$.

for $t=0,1,\dots,T-1$ do

Sample $a_t \sim \pi(\cdot|s_t)$.

Sample $s_{t+1} \sim P(\cdot|s_t, a_t)$.

end for

Output : (s_T, a_T) .

An estimation routine for $\hat{Q}(s,a)$

Input: a policy π .

Sample $(s_T, a_T) \sim \lambda_{\mu}^{\pi}$, Initialize $\hat{Q} = 0$.

while True do

Sample $s_{T+1} \sim P(\cdot|s_T, a_T)$.

Sample $a_{T+1} \sim \pi(\cdot|s_T)$.

Set $\hat{Q} = \hat{Q} + r_{T+1}$.

Set T = T + 1.

With probability $1-\gamma$ terminate.

end while

Output : \hat{Q} .

Remarks:

- \circ See Algorithm 1 in [2].
- \circ We sample from the occupancy measure by generating (s_T,a_T) with $T\sim \mathsf{Geometric}(1-\gamma).$
- \circ \hat{Q} is an unbiased estimate of $Q(s_T, a_T)$.
- \circ Unbiased estimates of $V(s_T)$ and $A(s_T,a_T)$ can be obtained from $\hat{Q}(s,a)$.

Convergence of sample-based NPG with function approximation

o We provide convergence guarantees for sample-based NPG in the linear function approximation case.

Convergence of sampled-based NPG (informal)

Let $\pi_{\theta}(a|s) = \frac{\exp(\theta^{\top}\phi(s,a))}{\sum_{s'} \exp(\theta^{\top}\phi(s,a'))}$ and θ^{\star} be the parameters associated to the optimal policy.

$$\mathbb{E}\left[\min_{t \leq T} J(\pi_{\theta^\star}) - J(\pi_{\theta_t})\right] \leq \mathcal{O}\left(\frac{1}{1-\gamma} \sqrt{\frac{2\log|A|}{T}} + \sqrt{\kappa \epsilon_{\mathsf{stat}}} + \sqrt{\epsilon_{\mathsf{bias}}}\right),$$

where $\epsilon_{\rm stat}$ is how close w_t is to a $w^*(\theta_t)$ (statistical error) and $\epsilon_{\rm bias}$ is how good the best policy in the class is (function approximation error).

Remarks:

 $\circ \epsilon_{\mathsf{bias}} = 0$ under the so called "realizability" assumption for the features i.e.,

$$\forall \pi \in \Pi, \quad \exists \theta \quad \text{s.t.} \quad Q^{\pi}(s, a) = \theta^{\top} \phi(s, a) \quad \forall s, a \in \mathcal{S} \times \mathcal{A}.$$

$$\circ \ \kappa = \left\| \frac{\lambda_{\mu}^{\pi^{\star}}}{\mu} \right\|_{\infty}$$
 quantifies how exploratory the initial distribution is and **might be unbounded**

Question:

 \circ Can we obtain an algorithm that converges in hard to explore environments (unbounded κ)?

Markov Decision Processes - Experts (MDP-E) [7]

Markov Decision Processes - Experts (MDP-E)

Initialize policy π_0 , learning rate η

for t = 0, 1, ..., T - 1 do

Evaluate $Q^{\pi_t}(s, a)$ for every state action pair.

$$\pi_{t+1}(a|s) \propto \pi_t(a|s) \exp \eta Q^{\pi_t}(s,a).$$

end for

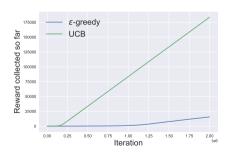
Output: A policy sampled uniformly at random from the sequence π_0, \ldots, π_{T-1} .

Remarks:

- Check out the course Online Learning in Games!
- o MDP-E is a no-regret algorithm for adversarially changing rewards.
- o Therefore, it converges to the optimal policy for a fixed reward.

Exploration in Policy Gradient methods

- o When the transition dynamics of the agent are unknown the agent needs to explore the state space.
- \circ Unless the initial state distribution is exploratory enough to guarantee κ small.
- \circ Recall that κ is a constant appearing in the bound for sample based NPG.
- o Can we incorporate exploration techniques in policy gradient?
 - e.g., ϵ -greedy [17] and UCB [8] (we studied in the first coding exercise.)



Recall: Finite Horizon RL

- \circ The agent interacts with the environment for K rounds with horizon H.
- \circ The objective is to find the policy that maximizes $\mathbb{E}_{\pi}\left[\sum_{h=1}^{H}r(s_{h},a_{h})\right]$.
- o The optimal policy is non stationary.
- o A non stationary policy is a collection of H policies π_1, \ldots, π_H .
- o π_1 is used for the first decision, π_2 is used for the second decision and so on
- \circ The value functions depend on the stage h, that is

$$Q_h^{\pi}(s,a) = \mathbb{E}_{\pi} \left[\sum_{h'=h}^{H} r(s_{h'}, a_{h'}) | s_h = s, a_h = a \right], \quad V_h^{\pi}(s) = \mathbb{E}_{\pi} \left[\sum_{h'=h}^{H} r(s_{h'}, a_{h'}) | s_h = s \right]$$

Optimistic variant of the Proximal Policy Optimization (OPPO)

- o Key idea: Perform updates with optimistic estimates of the value function.
- o OPPO resembles NPG/MDP-E but with an optimistic evaluation step.

OPPO [5] (simplified version)

Initialize policy parameter $\theta_0 \in \mathbb{R}^d$, step size $\eta > 0$, $\alpha > 0$ for $t = 0, 1, \dots, T-1$ do

Policy Evaluation

Estimate bonus and transitions $bonus_h(s,a)$ and $\hat{P}_h(s'|s,a)$

Compute optimistic value functions \boldsymbol{Q}_h^t

Policy Improvement

Update policies at every h, s, a with a NPG/MDP-E step

$$\pi_h^{t+1}(a|s) \propto \pi_h^t(a|s) \exp \eta Q_h^t(s,a)$$

end for

Estimate transition and bonuses

- o Compute the empirical average of the transition dynamics.
- \circ Set the function bonus $_h^t(s,a)$ proportional to the square root of the inverse number of visits for s,a.
- o Intuition: The more often we visit a state, the more we expect the uncertainty to reduce.

Estimating transitions and bonuses

```
\begin{aligned} &\text{for } t=0,1,\ldots,T-1 \text{ do} \\ &\text{for } h=0,1,\ldots,H-1 \text{ do} \\ &\text{Visit the state action pair } (s_h^t,a_h^t) \text{ and next state } s_{h+1}^t. \\ &\text{Update counts } N_h(s_h^t,a_h^t,s_{h+1}^t) \leftarrow N_h(s_h^t,a_h^t,s_{h+1}^t)+1,\ N(s_h^t,a_h^t) \leftarrow N(s_h^t,a_h^t)+1. \\ &\text{Estimate transtion } \hat{P}_h(s'|s,a) = \frac{N_h(s,a,s')}{N_h(s,a)+1} \text{ for all } s,a,s'. \\ &\text{Compute exploration bonuses } \mathrm{bonus}_h(s,a) \approx \sqrt{\frac{1}{N(s_h^t,a_h^t)}}. \\ &\text{end for end for } \end{aligned}
```

Estimate optimistic value function

 \circ Having estimated $\hat{P}_h(s'|s,a)$ and the bonus $\mathrm{bonus}_h^t(s,a)$, we can compute $Q_h^t(s,a)$ as follows.

Backward induction to estimate Q^t .

Initialize
$$Q_{H+1}^t(s,a) = 0$$
.

for
$$h=H,\ldots,1$$
 do

Recurse backward to compute \boldsymbol{Q}_h^t

$$Q_h^t(s, a) = r_h^t(s, a) + bonus_h^t(s, a) + \sum_{s', a'} \hat{P}_h(s'|s, a) \pi_{h+1}(a'|s') Q_{h+1}^t(s', a')$$

$$Q_h^t(s, a) = \text{clip}(Q_h^t(s, a); 0, H - h + 1)$$

end for

Remark:

 $\text{o If it holds that } \left| \sum_{s'} (\hat{P}_h(s'|s,a) - P_h(s'|s,a)) V(s') \right| \leq \mathrm{bonus}_h(s,a) \text{, then Optimism and Bounded Optimism hold.}$

Provable exploration in policy gradient

- \circ Optimism means to overestimate the value of $Q^{\pi_t}(s,a)$ at every state action pairs.
- \circ Formally, it means that $Q_h(s,a)$ satisfies

$$\begin{split} V_h^t(s) &= \mathbb{E}_{a \sim \pi(\cdot|s)}[Q_h^t(s,a)] \\ Q_h^t(s,a) &\geq r_h^t(s,a) + \sum_{s'} \mathsf{P}(s'|s,a) V_h^t(s') \end{split} \tag{Optimism}$$

- o Notice that $Q^{\pi_t}(s,a)$ would be the fixed point of the second expression.
- o At the same time we need an estimate that is not too optimistic.

$$r_h^t(s, a) + \sum_{s'} \mathsf{P}(s'|s, a) V_h^t(s') + 2\mathsf{bonus}_h^t(s, a) \ge Q_h^t(s, a)$$

(Bounded Optimism)

- \circ bonus $_h^t(s,a)$ needs to be decreasing with the number of visits for (s,a).
- \circ This ensures that $Q_h^t(s,a) o Q_h^{\pi_t}(s,a)$

Benefit of OPPO

- $\text{o The regret bound of OPPO: } \sum\nolimits_{t=1}^{T} V^{\star}(s_1) V^{\pi_t}(s_1) \leq \mathcal{O}\bigg(\sum\nolimits_{h=1}^{H} \sum\nolimits_{t=1}^{T} \mathrm{bonus}_h^t(s_h^t, a_h^t)\bigg).$
- $\circ \text{ Next, one shows that } \textstyle \sum_{h=1}^{H} \sum_{t=1}^{T} \mathrm{bonus}_h^t(s_h^t, a_h^t) \leq \mathcal{O}(\sqrt{T}).$

Theorem

Let $\pi^1, \pi^2, \dots, \pi^T$ the sequence of non stationary policies generated by OPPO. Then it holds that

$$\sum_{t=1}^{T} V^{\star}(s_1) - V^{\pi_t}(s_1) \le \mathcal{O}\left(\sqrt{T}\right)$$

This holds also when the reward function can change adversarially from episode to episode.

Recall convergence of sampled-based NPG

$$\mathbb{E}\left[\min_{t \leq T} J(\pi_{\theta_{\star}}) - J(\pi_{\theta_{t}})\right] \leq \mathcal{O}\left(\frac{1}{1 - \gamma} \sqrt{\frac{2\log|A|}{T}} + \sqrt{\kappa \epsilon_{\mathsf{stat}}} + \sqrt{\epsilon_{\mathsf{bias}}}\right),$$

where κ depends on the initial distribution and the environment.

Remarks: \circ OPPO is much better because it removes the dependence on κ .



Revisiting baselines

- o The baselines can be used as a variance reduction mechanism.
- o Actually, one can prove which choice for the baseline guarantees minimum variance.

Theorem

Consider the gradient with baseline $\widehat{\nabla}_{\theta}J(\pi_{\theta}) = \sum_{t=1}^{\infty} \left(Q^{\pi_{\theta}}(s_{t}, a_{t}) - b(s_{t})\right) \nabla \log \pi_{\theta}(a_{t}|s_{t})$ for a trajectory $\tau \sim p_{\theta}$. Then, $b^{\star}(s) = \arg \min_{b:\mathcal{S} \to \mathbb{R}} \left[\operatorname{Var} \left[\widehat{\nabla}_{\theta}J(\pi_{\theta}) |s \right] \right]$ satisfies

$$b^{\star}(s) = \frac{\|Q^{\pi_{\theta}}(s, a) \log \pi_{\theta}(a|s)\|}{\|\nabla \log \pi_{\theta}(a|s)\|}.$$

Is it always good to minimize variance?

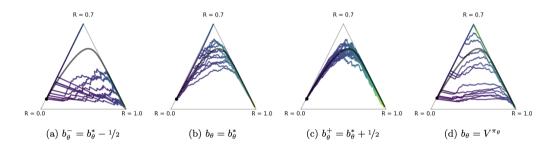
- o The answer is no. Because, reducing the variance of the baseline can hinder exploration.
- o As a result, the minimum variance baseline may lead to a suboptimal policy.
- o Here we describe the result in [6].

Theorem

Theorem 1 in [6] There exists a three-arm bandit where using the stochastic natural gradient on a softmax parameterized policy with the minimum-variance baseline can lead to convergence to a suboptimal policy with positive probability, and there is a different baseline (with larger variance) which results in convergence to the optimal policy with probability 1.

Explore the baseline effect

o Three-arm bandit enviroment example:



- o The optimal policy plays the action in right corner.
- \circ That is where the trajectories with baselines $b_{ heta}^+$ and $V^{\pi_{ heta}}$ converge to .
- o In the other cases, there are some trajectories converging to the top corner.
- o These results confirm the issue with the minimum variance baseline.

Unbounded variance case [12]

- \circ Consider a bandit experiment with stochastic rewards with an action dependent distribution R(a).
- o A common unbiased estimator is constructed using importance sampling.
- Using an action $\hat{a} \sim \pi$ and observe $r \sim R(\hat{a})$.

$$\hat{r}(a) = \frac{r}{\pi(a)} \mathbf{1}(a = \hat{a})$$

o If we consider an additional baselines, we get the estimator

$$\hat{r}(a) = \frac{r - b}{\pi(a)} \mathbf{1}(a = \hat{a})$$

 \circ The variance is unbounded no matter how b is chosen.

Popular baselines

Trust Region Policy Optimization

John Schulman Sergey Levine Philipp Moritz Michael Jordan Pieter Abbeel JOSCHU @ EECS.BERKELEY.EDU SLEVINE @ EECS.BERKELEY.EDU PCMORITZ @ EECS.BERKELEY.EDU JORDAN @ CS.BERKELEY.EDU PABBEEL @ CS.BERKELEY.EDU

University of California, Berkeley, Department of Electrical Engineering and Computer Sciences

TRPO (ICML, 2015)

Proximal Policy Optimization Algorithms

John Schulman, Filip Wolski, Prafulla Dhariwal, Alec Radford, Oleg Klimov OpenAI

{joschu, filip, prafulla, alec, oleg}@openai.com

PPO (arXiv, 2017)

OpenAI implementation: https://github.com/openai/baselines

Trust region policy optimization (TRPO)

o How to choose the step-size of the stochastic policy gradient method? Trust region.

TRPO (key idea) [14]

TRPO computes the marginal benefit of a new policy with respect to an old policy:

$$\theta_{t+1} = \arg\max_{\theta} \quad \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta_t}(\cdot \mid s)} \left[\frac{\pi_{\theta}(a \mid s)}{\pi_{\theta_t}(a \mid s)} A^{\pi_{\theta_t}}(s, a) \right],$$
s.t.
$$\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}} \left[\text{KL}(\pi_{\theta}(\cdot \mid s) || \pi_{\theta_t}(\cdot \mid s)) \right] \leq \delta.$$

where the constraint measures the distance between two policies.

Remarks:

 \circ The surrogate objective can be viewed as linear approximation in π of $J(\pi_{\theta})$:

$$J(\pi) = J(\pi_t) + \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi}, a \sim \pi(a|s)} [A^{\pi_t}(s, a)].$$
 (PDL)

- o It can be approximated by a natural policy gradient step.
- o Line-search can ensure performance improvement and no constraint violation.

TRPO: A detailed look at the implementation

- o Compute a search direction, which (almost) boils down to natural policy gradient.
 - ▶ The first order approximation of the objective.

$$\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta_t}(\cdot | s)} \left[\frac{\pi_{\theta}(a | s)}{\pi_{\theta_t}(a | s)} A^{\pi_{\theta_t}}(s, a) \right] \approx \langle \nabla_{\theta} J(\theta_k), \theta - \theta_k \rangle$$

The second order expansion of the constraints

$$\mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta_t}}} \left[\text{KL}(\pi_{\theta}(\cdot \mid s) || \pi_{\theta_t}(\cdot \mid s)) \right] \approx \frac{1}{2} (\theta - \theta_k)^T F(\theta_k) (\theta - \theta_k)$$

- \circ Execute line seach along the direction $F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)$.
 - ▶ Approximations may result in a solution that does not satisfy the origin trust region.
 - ▶ Select the largest possible step size η that $x_{t+1} = x_t + \eta F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)$ satisfies the original constraints:

$$\eta = \sqrt{\frac{2\delta}{\nabla_{\theta} J(\theta_k)^{\top} F(\theta_k)^{\dagger} \nabla_{\theta} J(\theta_k)}}$$

Equivalence between TRPO and MDP-E [7]

- o The previous result proves that TRPO produces a monotonically improving sequence of policies [14, Section 3].
- We can prove a stronger result noticing that TRPO is equivalent to MDP-E [13, Section B.3] and [7].

Proximal policy optimization (PPO2)

- o Intuition: The main problem of TRPO lies in numerically computing the Quadratic Program.
- o Solution: Theoretical update equation is optimizing in a local region.

PPO uses no formal constraints and instead clips the distance between policies in the loss function.

PPO (key idea) [15]

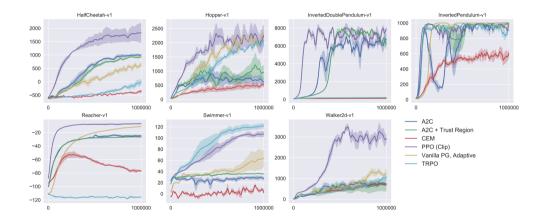
$$\max_{\theta} \quad \mathbb{E}_{s' \sim \lambda_{\mu}^{\pi_{\theta_t}}, a \sim \pi_{\theta_t}(\cdot \mid s)} \min \left\{ \frac{\pi_{\theta}(a \mid s)}{\pi_{\theta_t}(a \mid s)} A^{\pi_{\theta_t}}(s, a), \operatorname{clip}\left(\frac{\pi_{\theta}(a \mid s)}{\pi_{\theta_t}(a \mid s)}; 1 - \epsilon; 1 + \epsilon\right) A^{\pi_{\theta_t}}(s, a) \right\}$$

Remarks: o PPO penalizes large deviations directly inside the objective function through clipping the ratio $\frac{\pi_{\theta}}{\pi_{\theta}}$:

$$\operatorname{clip}(x; 1 - \epsilon; 1 + \epsilon) = \begin{cases} 1 - \epsilon, & \text{if } x < 1 - \epsilon \\ 1 + \epsilon, & \text{if } x > 1 + \epsilon \\ x, & \text{otherwise} \end{cases}$$

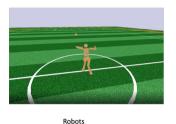
- o Run SGD. No need to deal with the KL divergence or trust region constraints.
- Vastly adopted in practice but little is known about its theoretical properties.

Numerical performance [15]





More applications





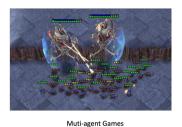


Figure: PPO performs well in many locomotion task and games.

- o Some links:
 - https://www.youtube.com/watch?v=hx_bgoTF7bs
 - https://openai.com/blog/openai-baselines-ppo/

Summary

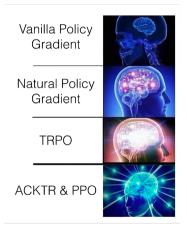




Figure from Schulman's slide on PPO in 2017.

Summary

Gradient Dominance Regularization



Vanilla Policy Gradient [16]	Gradient Descent
REINFORCE [18]	Stochastic Gradient Descent
Natural Policy Gradient [9]	
TRPO [1]	Mirror Descent
PPO [15]	
Conservative Policy Iteration [10]	Frank Wolfe

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Supplementary Material



Tabular NPG under softmax parametrization.

Proof.

We need to show that $w^*(\theta_t) = A^{\pi_t}$ in the case of softmax parametrization. To do so, we will first compute:

$$\nabla_{\theta} \log(\pi_{\theta}(a|s)) = \nabla_{\theta} \left(\theta_{s,a} - \log \left(\sum_{a'} \exp(\theta_{s,a'}) \right) \right) = e_{s,a} - \pi_{\theta}(\cdot|s).$$

In this case, we can check that $A^{\pi_{\theta}} \in \arg\min_{w} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{\theta}}, a \sim \pi_{\theta}(\cdot \mid s)} \left[\left(w^{\top} \nabla_{\theta} \log \pi_{\theta}(a \mid s) - A^{\pi_{\theta}}(s, a) \right)^{2} \right]$ because:

$$\begin{split} \left(A^{\pi\theta} \, {}^{\intercal} \nabla_{\theta} \log \pi_{\theta}(a|s) - A^{\pi\theta}(s,a)\right) &= \left(A^{\pi\theta} \, {}^{\intercal}(e_{s,a} - \pi_{\theta}(\cdot|s)) - A^{\pi\theta}(s,a)\right) \\ &= A^{\pi\theta}(s,a) - A^{\pi\theta}(s,a) + \sum_{a'} \pi_{\theta}(a'|s))A^{\pi\theta}(s,a') \end{split}$$

$$[\text{Def. of } A^{\pi\theta}(s,a)] &= \sum_{a'} \pi_{\theta}(a'|s))(Q^{\pi\theta}(s,a') - V^{\pi\theta}(s))$$

$$[\text{Def. of } V^{\pi\theta}(s)] &= V^{\pi\theta}(s)) - V^{\pi\theta}(s)) \\ &= 0 \end{split}$$

Proof of tabular NPG convergence

Lemma (Policy Improvement)

For any policy π and π_{t+1} being obtained with NPG in the softmax parametrization setup, we can express the performance difference as:

$$J(\pi) - J(\pi_t) = \frac{1}{\eta} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi}} \left[\mathsf{KL}(\pi(\cdot|s) \| \pi_t(\cdot|s)) - \mathsf{KL}(\pi(\cdot|s) \| \pi_{t+1}(\cdot|s)) + \log Z_t(s) \right].$$

Proof sketch:

o Recall from Performance Difference Lemma:

$$J(\pi) - J(\pi_t) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi}, a \sim \pi(a|s)} [A^{\pi_t}(s, a)].$$

 \circ From the update rule $\pi_{t+1}(a|s)=\pi_t(a|s)\frac{\exp(\eta A^{\pi_t}(s,a)/(1-\gamma))}{Z_t(s)},$ we have

$$A^{\pi_t}(s, a) = \frac{1 - \gamma}{\eta} \log \frac{\pi_{t+1}(a|s)Z_t(s)}{\pi_t(a|s)}.$$

o Combing these two equations, we have the above lemma.

Proof of Tabular NPG convergence (cont'd)

Proof (NPG):

 \circ Setting $\pi=\pi^{\star}$ in the previous lemma and telescoping from $t=0,\ldots,T-1$

$$\frac{1}{T} \sum_{t=0}^{T-1} J(\pi^*) - J(\pi_t) \le \frac{1}{\eta T} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi^*}} \left[KL(\pi^*(\cdot|s) \| \pi_0(\cdot|s)) \right] + \frac{1}{\eta T} \sum_{t=0}^{T} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi^*}} \left[\log Z_t(s) \right].$$

 \circ Setting $\pi=\pi_{t+1}$ in the previous lemma, we have

$$J(\pi_{t+1}) - J(\pi_t) \ge \frac{1}{\eta} \mathbb{E}_{s \sim \lambda_{\mu}^{\pi_{t+1}}} \left[\log Z_t(s) \right] \ge \frac{1 - \gamma}{\eta} \mathbb{E}_{s \sim \mu} \left[\log Z_t(s) \right] \ge 0, \forall \mu.$$

o Combining these two equations and the fact that $J(\pi) \geq \frac{1}{1-\alpha}$ implies that

$$\frac{1}{T} \sum_{t=0}^{T-1} J(\pi^*) - J(\pi_t) \le \frac{\log |\mathcal{A}|}{\eta T} + \frac{1}{(1-\gamma)^2 T}.$$

NPG in the $\eta = \infty$ setup.

In the case of being able to compute $A^{\pi\theta}$, and setting $\eta=\infty$, we can see that NPG is equivalent to Policy Iteration (Lecture 2). Taking the NPG update rule for the softmax parametrization to the limit:

$$\pi_{t+1}(a|s) = \lim_{\eta \to \infty} \pi_t(a|s) \cdot \frac{\exp(\eta/(1-\gamma)A^{\pi_t}(s,a)) \cdot \sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))}$$

$$= \lim_{\eta \to \infty} \frac{\pi_t(a|s)}{e^{\theta_{t,s,a}}} \cdot \frac{\exp(\theta_{t,s,a} + \eta/(1-\gamma)A^{\pi_t}(s,a)) \cdot \sum_{a'} \exp(\theta_{t,s,a'})}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))}$$

$$= \lim_{\eta \to \infty} \frac{\exp(\theta_{t,s,a} + \eta/(1-\gamma)A^{\pi_t}(s,a))}{\sum_{a'} \exp(\theta_{t,s,a'} + \eta/(1-\gamma)A^{\pi_t}(s,a'))}$$

$$= \max x\} = 1 \left\{ a = \max_{a'} A^{\pi_t}(s,a') \right\}.$$

 $[\lim_{\eta \to \infty} \operatorname{softmax}(\eta \cdot x)_i = \mathbb{1}\{x_i = \max x\}] = \mathbb{1}\left\{a = \max_{a'} A^{\pi_t}(s, a')\right\}\,.$

This means under $\eta=\infty$, we have that NPG gives us a greedy policy, where the action taken is given by:

$$\arg \max_{a'} A^{\pi_t}(s, a') = \arg \max_{a'} Q^{\pi_t}(s, a') - V^{\pi_t}(s) = \arg \max_{a'} Q^{\pi_t}(s, a'),$$

which is precisely the update formula for Policy Iteration.

Proof for the analytical expression with lowest variance.

Proof.

Start noticing that

$$\operatorname{Var}\left[\widehat{\nabla}_{\theta}J(\pi_{\theta})|s\right] = \mathbb{E}\left[\left\|\widehat{\nabla}_{\theta}J(\pi_{\theta})\right\|^{2}|s\right] - \left\|\mathbb{E}\left[\widehat{\nabla}_{\theta}J(\pi_{\theta})|s\right]\right\|^{2}$$
$$= \mathbb{E}\left[\left\|\widehat{\nabla}_{\theta}J(\pi_{\theta})\right\|^{2}|s\right] - \left\|\mathbb{E}_{a \sim \pi_{\theta}(\cdot|s)}\left[Q^{\pi_{\theta}}(s, a)\nabla\log\pi_{\theta}(a|s)\right]\right\|^{2}$$

Therefore $\nabla_b \mathrm{Var}\left[\widehat{\nabla}_\theta J(\pi_\theta)|s\right] = \nabla_b \mathbb{E}\left[\left\|\widehat{\nabla}_\theta J(\pi_\theta)\right\|^2|s\right]$. Developing the norm squared and differentianting, we get

$$\nabla_{b} \mathbb{E}\left[\left\|\widehat{\nabla}_{\theta} J(\pi_{\theta})\right\|^{2} | s\right] = 2\left(b(s) \mathbb{E}_{a \sim \pi_{\theta}(\cdot \mid s)} \left[\left\|\nabla \log \pi_{\theta}(a \mid s)\right\|^{2}\right] - \mathbb{E}_{a \sim \pi_{\theta}(\cdot \mid s)} \left[Q^{\pi_{\theta}}(s, a) \left\|\nabla \log \pi_{\theta}(a \mid s)\right\|^{2}\right]\right)$$

Therefore, the proof is concluded setting b^* to minimize the latter expression.