Mathematics of Data: From Theory to Computation

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Lecture 5: Unconstrained, smooth minimization II
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École Polytechnique Fédérale de Lausanne (EPFL)

EE-556 (Fall 2017)
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## Outline

- This lecture

1. Gradient and accelerated gradient descent methods

- Next lecture

1. The quadratic case and conjugate gradient
2. Other optimization methods

## Recommended reading

- Chapters 2, 3, 5, 6 in Nocedal, Jorge, and Wright, Stephen J., Numerical Optimization, Springer, 2006.
- Chapter 9 in Boyd, Stephen, and Vandenberghe, Lieven, Convex optimization, Cambridge university press, 2009.
- Chapter 1 in Bertsekas, Dimitris, Nonlinear Programming, Athena Scientific, 1999.
- Chapters 1, 2 and 4 in Nesterov, Yurii, Introductory Lectures on Convex Optimization: A Basic Course, Vol. 87, Springer, 2004.


## Overview

## Overview

This lecture covers the basics of numerical methods for unconstrained and smooth convex minimization.

## Recall: convex, unconstrained, smooth minimization

## Problem (Mathematical formulation)

$$
\begin{equation*}
F^{\star}:=\min _{\mathbf{x} \in \mathbb{R}^{p}}\{F(\mathbf{x}):=f(\mathbf{x})\} \tag{1}
\end{equation*}
$$

where $f$ is convex and twice differentiable.
Note that (1) is unconstrained.

How de we design efficient optimization algorithms with accuracy-computation tradeoffs for this class of functions?

## Basic principles of descent methods

## Template for iterative descent methods

1. Let $\mathbf{x}^{0} \in \operatorname{dom}(f)$ be a starting point.
2. Generate a sequence of vectors $\mathbf{x}^{1}, \mathbf{x}^{2}, \cdots \in \operatorname{dom}(f)$ so that we have descent:

$$
f\left(\mathbf{x}^{k+1}\right)<f\left(\mathbf{x}^{k}\right), \text { for all } k=0,1, \ldots
$$

until $\mathbf{x}_{k}$ is $\epsilon$-optimal.
Such a sequence $\left\{\mathbf{x}^{k}\right\}_{k \geq 0}$ can be generated as:

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}+\alpha_{k} \mathbf{p}^{k}
$$

where $\mathbf{p}^{k}$ is a descent direction and $\alpha_{k}>0$ a step-size.

## Remarks

- Iterative algorithms can use various oracle information from the objective, such as its value, gradient, or Hessian, in different ways to obtain $\alpha_{k}$ and $\mathbf{p}^{k}$
- These choices determine the overall convergence rate and complexity
- The type of oracle information used becomes a defining characteristic


## Basic principles of descent methods

## A condition for local descent directions

The iterates are given as:

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}+\alpha_{k} \mathbf{p}^{k}
$$

By Taylor's theorem, we have

$$
f\left(\mathbf{x}^{k+1}\right)=f\left(\mathbf{x}^{k}\right)+\alpha_{k}\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{p}^{k}\right\rangle+O\left(\alpha_{k}^{2}\|\mathbf{p}\|_{2}^{2}\right)
$$

For $\alpha_{k}$ small enough, the term $\alpha_{k}\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{p}^{k}\right\rangle$ dominates $O\left(\alpha_{k}^{2}\right)$ for a fixed $\mathbf{p}^{k}$. Therefore, in order to have $f\left(\mathbf{x}^{k+1}\right)<f\left(\mathbf{x}^{k}\right)$, we require

$$
\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{p}^{k}\right\rangle<0
$$

## Basic principles of descent methods

## Local steepest descent direction

Since

$$
\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{p}^{k}\right\rangle=\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|\left\|\mathbf{p}^{k}\right\| \cos \theta,
$$

where $\theta$ is the angle between $\nabla f\left(\mathbf{x}^{k}\right)$ and $\mathbf{p}^{k}$, we have that

$$
\mathbf{p}^{k}:=-\nabla f\left(\mathbf{x}^{k}\right)
$$

is the local steepest descent direction.


Figure: Descent directions in 2D should be an element of the cone of descent directions $\mathcal{D}(f, \cdot)$.

## A reminder on notation

Important notation used throughout the whole lecture:

- $\mathcal{F}_{L}^{l, m}$ : Functions that are $l$-times differentiable with $m$-th order Lipschitz property
- In this lecture, $m=1$, and $l \in\{1,2, \infty\}$
- $\mathcal{F}_{L, \mu}^{l, m}$ : Subset of $\mathcal{F}_{L}^{l, m}$ also satisfying $\mu$-strong convexity


## Gradient descent methods

## Gradient descent (GD) algorithm

The gradient method we discussed before indeed use the local steepest direction:

$$
\mathbf{p}^{k}=-\nabla f\left(\mathbf{x}^{k}\right)
$$

so that

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right) .
$$

Key question: How do we choose $\alpha_{k}$ so that we are guaranteed to successfully descend? (ideally as fast as possible)

## Gradient descent methods

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$$

Key question: How do we choose $\alpha_{k}$ so that we are guaranteed to successfully descend? (ideally as fast as possible)

## Answer: By exploiting the structures within the convex function

When $f \in \mathcal{F}_{L}^{2,1}$, we can use $\alpha_{k}=1 / L$ so that $\mathbf{x}^{k+1}=\mathbf{x}^{k}-\frac{1}{L} \nabla f\left(\mathbf{x}^{k}\right)$ is contractive.

- Note that the above GD method only uses the gradient information, and hence, it is called a first-order method.

First-order methods employ only first-order oracle information about the objective, namely the value of $f$ and $\nabla f$ at specific points.

- Second-order methods also use the Hessian $\nabla^{2} f$.


## Recall: Gradient descent methods - a geometrical intuition



## Recall: Gradient descent methods - a geometrical intuition



## Recall: Gradient descent methods - a geometrical intuition

Majorize:


$$
\begin{align*}
& f(\mathbf{x}) \geq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle  \tag{1}\\
& f(\mathbf{x}) \leq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle+\frac{L}{2}\left\|\mathbf{x}-\mathbf{x}^{k}\right\|_{2}^{2} \tag{2}
\end{align*}
$$

## Recall: Gradient descent methods - a geometrical intuition

Majorize:


## Recall: Gradient descent methods - a geometrical intuition



## Convergence rate of gradient descent

## Theorem

Let the starting point for $G D$ be $\mathbf{x}^{0} \in \operatorname{dom}(f)$.

- If $f \in \mathcal{F}_{L}^{2,1}$, with the choice $\alpha=\frac{1}{L}$, the iterates of GD satisfy

$$
f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2 L}{k+4}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2}
$$

- If $f \in \mathcal{F}_{L, \mu}^{2,1}$, with the choice $\alpha=\frac{2}{L+\mu}$, the iterates of $G D$ satisfy

$$
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
$$

- If $f \in \mathcal{F}_{L, \mu}^{2,1}$, with the choice $\alpha=\frac{1}{L}$, the iterates of $G D$ satisfy

$$
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
$$

## Proof of convergence rates of gradient descent - part I (self-study)

- We first need to prove a basic result about functions in $\mathcal{F}_{L}^{1,1}$


## Lemma

Let $f \in \mathcal{F}_{L}^{1,1}$. Then it holds that

$$
\begin{equation*}
\frac{1}{L}\|\nabla f(\mathbf{x})-\nabla f(\mathbf{y})\|^{2} \leq\langle\nabla f(\mathbf{x})-\nabla f(\mathbf{y}), \mathbf{x}-\mathbf{y}\rangle \tag{2}
\end{equation*}
$$

## Proof (Advanced material).

First, recall the following result about Lipschitz gradient functions $h \in \mathcal{F}_{L}^{1,1}$

$$
\begin{equation*}
h(\mathbf{x}) \leq h(\mathbf{y})+\langle\nabla h(\mathbf{y}), \mathbf{x}-\mathbf{y}\rangle+\frac{L}{2}\|\mathbf{x}-\mathbf{y}\|_{2}^{2} . \tag{3}
\end{equation*}
$$

To prove the result, let $\phi(\mathbf{y}):=f(\mathbf{y})-\langle\nabla f(\mathbf{x}), \mathbf{y}\rangle$, with $\nabla \phi(\mathbf{y})=\nabla f(\mathbf{y})-\nabla f(\mathbf{x})$. Clearly, $\phi(\mathbf{y})$ attains its minimum value at $\mathbf{y}^{\star}=\mathbf{x}$. Hence, and by also applying (3) with $h=\phi$ and $\mathbf{x}=\mathbf{y}-\frac{1}{L} \nabla \phi(\mathbf{y})$, we get

$$
\phi(\mathbf{x}) \leq \phi\left(\mathbf{y}-\frac{1}{L} \nabla \phi(\mathbf{y})\right) \leq \phi(\mathbf{y})-\frac{1}{2 L}\|\nabla \phi(\mathbf{y})\|_{2}^{2}
$$

Substituting the above definitions into the left and right hand sides gives

$$
\begin{equation*}
f(\mathbf{x})+\langle\nabla f(\mathbf{x}), \mathbf{y}-\mathbf{x}\rangle+\frac{1}{2 L}\|\nabla f(\mathbf{x})-\nabla f(\mathbf{y})\|_{2}^{2} \leq f(\mathbf{y}) \tag{4}
\end{equation*}
$$

By adding two copies of (4) with each other, with $\mathbf{x}$ and $\mathbf{y}$ swapped, we obtain (2).

## Proof of convergence rates of gradient descent - part II (self-study)

## Theorem

If $f \in \mathcal{F}_{L}^{2,1}$, with the choice $\alpha=\frac{1}{L}$, the iterates of $G D$ satisfy

$$
\begin{equation*}
f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2 L}{k+4}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2} \tag{5}
\end{equation*}
$$

## Proof

- Consider the constant step-size iteration $\mathbf{x}^{k+1}=\mathbf{x}^{k}-\alpha \nabla f\left(\mathbf{x}^{k}\right)$.
- Let $r_{k}:=\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|$, where $\mathbf{x}^{\star}$ denotes a minimizer. Show $r_{k} \leq r_{0}$.

$$
\begin{aligned}
r_{k+1}^{2} & :=\left\|\mathbf{x}^{k+1}-\mathbf{x}^{\star}\right\|^{2}=\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}-\alpha \nabla f\left(\mathbf{x}^{k}\right)\right\|^{2} \\
& =\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|^{2}-2 \alpha\left\langle\nabla f\left(\mathbf{x}^{k}\right)-\nabla f\left(\mathbf{x}^{\star}\right), \mathbf{x}^{k}-\mathbf{x}^{\star}\right\rangle+\alpha^{2}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2} \\
& \leq r_{k}^{2}-\alpha(2 / L-\alpha)\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2} \quad(\text { by }(2)) \\
& \leq r_{k}^{2}, \quad \forall \alpha<2 / L .
\end{aligned}
$$

Hence, the gradient iterations are contractive when $\alpha<2 / L$ for all $k \geq 0$.

- An auxiliary result: Let $\Delta_{k}:=f\left(\mathbf{x}^{k}\right)-f^{\star}$. Show $\Delta_{k} \leq r_{0}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|$.

$$
\Delta_{k} \leq\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}^{k}-\mathbf{x}^{\star}\right\rangle \leq\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|=r_{k}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\| \leq r_{0}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|
$$

## Proof of convergence rates of gradient descent - part III (self-study)

## Proof (continued)

- We can establish convergence along with the auxiliary result above:

$$
\begin{aligned}
f\left(\mathbf{x}^{k+1}\right) & \leq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}^{k+1}-\mathbf{x}^{k}\right\rangle+\frac{L}{2}\left\|\mathbf{x}^{k+1}-\mathbf{x}^{k}\right\|^{2} \\
& =f\left(\mathbf{x}^{k}\right)-\omega_{k}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2}, \quad \omega_{k}:=\alpha(1-L \alpha / 2)
\end{aligned}
$$

Subtract $f^{*}$ from both sides and apply the last inequality of the previous slide to get $\Delta_{k+1} \leq \Delta_{k}-\left(\omega_{k} / r_{0}^{2}\right) \Delta_{k}^{2}$. Thus, dividing by $\Delta_{k+1} \Delta_{k}$

$$
\Delta_{k+1}^{-1} \geq \Delta_{k}^{-1}+\left(\omega_{k} / r_{0}^{2}\right) \Delta_{k} / \Delta_{k+1} \geq \Delta_{k}^{-1}+\left(\omega_{k} / r_{0}^{2}\right)
$$

By induction, we have $\Delta_{k+1}^{-1} \geq \Delta_{0}^{-1}+\left(\omega_{k} / r_{0}^{2}\right)(k+1)$. Then, taking $(\cdot)^{-1}$ of both sides (and hence replacing $\geq$ by $\leq$ ) and substituting all of the definitions gives

$$
f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2\left(f\left(\mathbf{x}_{0}\right)-f\left(\mathbf{x}^{\star}\right)\right)\left\|\mathbf{x}_{0}-\mathbf{x}^{\star}\right\|_{2}^{2}}{2\left\|\mathbf{x}_{0}-\mathbf{x}^{\star}\right\|_{2}^{2}+k \alpha(2-\alpha L)\left(f\left(\mathbf{x}_{0}\right)-f^{\star}\right)}
$$

- In order to choose the optimal step-size, we maximize the function $\phi(\alpha)=\alpha(2-\alpha L)$. Hence, the optimal step size for the gradient method for $f \in \mathcal{F}_{L}^{1,1}$ is given by $\alpha=\frac{1}{L}$.
- Finally, since $f\left(\mathbf{x}_{0}\right) \leq f^{*}+\nabla f\left(\mathbf{x}^{\star}\right)^{T}\left(\mathbf{x}_{0}-\mathbf{x}^{\star}\right)+(L / 2)\left\|\mathbf{x}_{0}-\mathbf{x}^{\star}\right\|_{2}^{2}=f^{*}+(L / 2) r_{0}^{2}$, we obtain (5).


## Proof of convergence rates of gradient descent - part IV (self-study)

## Theorem

- If $f \in \mathcal{F}_{L, \mu}^{2,1}$, with the choice $\alpha=\frac{2}{L+\mu}$, the iterates of $G D$ satisfy

$$
\begin{equation*}
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2} \tag{6}
\end{equation*}
$$

- If $f \in \mathcal{F}_{L, \mu}^{2,1}$, with the choice $\alpha=\frac{1}{L}$, the iterates of GD satisfy

$$
\begin{equation*}
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2} \tag{7}
\end{equation*}
$$

Before proving the convergence rate, we first need a result about functions in $\mathcal{F}_{L, \mu}^{1,1}$. It is proved similarly to (2).

## Theorem

If $f \in \mathcal{F}_{L, \mu}^{1,1}$, then for any $\mathbf{x}$ and $\mathbf{y}$, we have

$$
\begin{equation*}
\langle\nabla f(\mathbf{x})-\nabla f(\mathbf{y}), \mathbf{x}-\mathbf{y}\rangle \geq \frac{\mu L}{\mu+L}\|\mathbf{x}-\mathbf{y}\|^{2}+\frac{1}{\mu+L}\|\nabla f(\mathbf{x})-\nabla f(\mathbf{y})\|^{2} \tag{8}
\end{equation*}
$$

## Proof of convergence rates of gradient descent - part V (self-study)

## Proof of (6) and (7)

- Let $r_{k}=\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|$. Then, using (8) and the fact that $\nabla f\left(x^{*}\right)=0$, we have

$$
\begin{aligned}
r_{k+1}^{2} & =\left\|\mathbf{x}_{k+1}-\mathbf{x}^{\star}-\alpha \nabla f\left(\mathbf{x}^{k}\right)\right\|^{2} \\
& =r_{k}^{2}-2 \alpha\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}^{k}-\mathbf{x}^{\star}\right\rangle+\alpha^{2}\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2} \\
& \leq\left(1-\frac{2 \alpha \mu L}{\mu+L}\right) r_{k}^{2}+\alpha\left(\alpha-\frac{2}{\mu+L}\right)\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2}
\end{aligned}
$$

- Since $\mu \leq L$, we have $\alpha \leq \frac{2}{\mu+L}$ in both the cases $\alpha=\frac{1}{L}$ or $\alpha=\frac{2}{\mu+L}$. So the last term in the previous inequality is negative, and hence

$$
r_{k+1}^{2} \leq\left(1-\frac{2 \alpha \mu L}{\mu+L}\right)^{k} r_{0}^{2}
$$

- Plugging $\alpha=\frac{1}{L}$ and $\alpha=\frac{2}{\mu+L}$, we obtain the rates as advertised.
- For $f \in \mathcal{F}_{L, \mu}^{1,1}$, the optimal step-size is given by $\alpha=\frac{2}{\mu+L}$ (i.e., it optimizes the worst case bound).


## Convergence rate of gradient descent

## Convergence rate of gradient descent

$$
\begin{aligned}
& f \in \mathcal{F}_{L}^{2,1}, \quad \alpha=\frac{1}{L} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{2}{L+\mu} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{1}{L} \\
& f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2 L}{k+4}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2} \\
& \left\|\mathrm{x}^{k}-\mathrm{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{k}\left\|\mathrm{x}^{0}-\mathrm{x}^{\star}\right\|_{2} \\
& \left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
\end{aligned}
$$

## Remarks

- Assumption: Lipschitz gradient. Result: convergence rate in objective values.
- Assumption: Strong convexity. Result: convergence rate in sequence of the iterates and in objective values.
- Note that the suboptimal step-size choice $\alpha=\frac{1}{L}$ adapts to the strongly convex case (i.e., it features a linear rate vs. the standard sublinear rate).


## Example: Ridge regression

## Optimization formulation

- Let $\mathbf{A} \in \mathbb{R}^{n \times p}$ and $\mathbf{b} \in \mathbb{R}^{n}$ given by the model $\mathbf{b}=\mathbf{A} \mathbf{x}^{\natural}+\mathbf{w}$, where $\mathbf{w} \in \mathbb{R}^{n}$ is some noise.
- We can try to estimate $\mathbf{x}^{\natural}$ by solving the Tikhonov regularized least squares

$$
\min _{\mathbf{x} \in \mathbb{R}^{p}} f(\mathbf{x}):=\frac{1}{2}\|\mathbf{b}-\mathbf{A} \mathbf{x}\|_{2}^{2}+\frac{\rho}{2}\|\mathbf{x}\|_{2}^{2}
$$

where $\rho \geq 0$ is a regularization parameter.

## Remarks

- $f \in \mathcal{F}_{L, \mu}^{2,1}$ with:
- $L=\lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)+\rho ;$
- $\mu=\lambda_{1}\left(\mathbf{A}^{T} \mathbf{A}\right)+\rho$;
- where $\lambda_{1}\left(\mathbf{A}^{T} \mathbf{A}\right) \leq \ldots \leq \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)$ are the eigenvalues of $\mathbf{A}^{T} \mathbf{A}$.
- The ratio $\frac{L}{\mu}$ decreases as $\rho$ increases, leading to faster linear convergence.
- Note that if $n<p$ and $\rho=0$, we have $\mu=0$, hence $f \in \mathcal{F}_{L}^{2,1}$ and we can expect only $O(1 / k)$ convergence from the gradient descent method.


## Example: Ridge regression

Case 1:



Case 2:

$$
n=500, p=2000, \rho=0.01 \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)
$$




## Information theoretic lower bounds [3]

What is the best achievable rate for a first-order method (one using gradient information but not higher-order quantities)?

## $f \in \mathcal{F}_{L}^{\infty, 1}:$ Smooth and Lipschitz-gradient

It is possible to construct a function in $\mathcal{F}_{L}^{\infty, 1}$, for which any first order method must satisfy

$$
f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \geq \frac{3 L}{32(k+1)^{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2} \quad \text { for all } k \leq(p-1) / 2
$$

$f \in \mathcal{F}_{L, \mu}^{\infty, 1}$ : Smooth and strongly convex
It is possible to construct a function in $\mathcal{F}_{L, \mu}^{\infty, 1}$, for which any first order method must satisfy

$$
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \geq\left(\frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
$$

Gradient descent is $O(1 / k)$ for $\mathcal{F}_{L}^{\infty, 1}$ and it is slower for $\mathcal{F}_{L, \mu}^{\infty, 1}$, hence it does not achieve the lower bounds!

## Accelerated gradient descent algorithm

## Problem

Is it possible to design optimal first-order methods with convergence rates matching the theoretical lower bounds?

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Solution [Nesterov's accelerated scheme]
Accelerated Gradient (AG) methods achieve optimal convergence rates at a negligible increase in the computational cost.

## Accelerated gradient descent algorithm

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Is it possible to design optimal first-order methods with convergence rates matching the theoretical lower bounds?

## Solution [Nesterov's accelerated scheme]

Accelerated Gradient (AG) methods achieve optimal convergence rates at a negligible increase in the computational cost.

| Accelerated Gradient algorithm for <br> $\mathcal{F}_{L}^{1,1}(\mathbf{A G - L})$ |
| :--- |
| 1. Set $\mathbf{x}^{0}=\mathbf{y}^{0} \in \operatorname{dom}(f)$ and $t_{0}:=1$. |
| 2. For $k=0,1, \ldots$, iterate |
| $\begin{cases}\mathbf{x}^{k+1}= & =\mathbf{y}^{k}-\frac{1}{L} \nabla f\left(\mathbf{y}^{k}\right) \\ t_{k+1} & =\left(1+\sqrt{4 t_{k}^{2}+1}\right) / 2 \\ \mathbf{y}^{k+1} & =\mathbf{x}^{k+1}+\frac{\left(t_{k}-1\right)}{t_{k+1}}\left(\mathbf{x}^{k+1}-\mathbf{x}^{k}\right.\end{cases}$ |

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Accelerated Gradient algorithm for

$$
\begin{aligned}
& \qquad \mathcal{F}_{L, \mu}^{1,1}(\mathbf{A G}-\mu \mathbf{L}) \\
& \text { 1. Choose } \mathbf{x}^{0}=\mathbf{y}^{0} \in \operatorname{dom}(f) \\
& \text { 2. For } k=0,1, \ldots, \text { iterate } \\
& \left\{\begin{array}{l}
\mathbf{x}^{k+1}=\mathbf{y}^{k}-\frac{1}{L} \nabla f\left(\mathbf{y}^{k}\right) \\
\mathbf{y}^{k+1}=\mathbf{x}^{k+1}+\gamma\left(\mathbf{x}^{k+1}-\mathbf{x}^{k}\right)
\end{array}\right. \\
& \text { where } \gamma=\frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}}
\end{aligned}
$$

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| Accelerated Gradient algorithm for <br> $\mathcal{F}_{L, \mu}^{1,1}(\mathbf{A G}-\mu \mathbf{L})$ |
| :--- |
| 1. Choose $\mathbf{x}^{0}=\mathbf{y}^{0} \in \operatorname{dom}(f)$ |
| 2. For $k=0,1, \ldots$, iterate |
| $\begin{cases}\mathbf{x}^{k+1} & =\mathbf{y}^{k}-\frac{1}{L} \nabla f\left(\mathbf{y}^{k}\right) \\ \mathbf{y}^{k+1} & =\mathbf{x}^{k+1}+\gamma\left(\mathbf{x}^{k+1}-\mathbf{x}^{k}\right) \\ \text { where } \gamma=\frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}} .\end{cases}$ |

NOTE: AG is not monotone, but the cost-per-iteration is essentially the same as GD.

## Global convergence of AGD [3]

Theorem ( $f$ is convex with Lipschitz gradient)
If $f \in \mathcal{F}_{L}^{1,1}$ or $\mathcal{F}_{L, \mu}^{1,1}$, the sequence $\left\{\mathbf{x}^{k}\right\}_{k \geq 0}$ generated by AGD-L satisfies

$$
\begin{equation*}
f\left(\mathbf{x}^{k}\right)-f^{\star} \leq \frac{4 L}{(k+2)^{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2}, \forall k \geq 0 \tag{9}
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$$

AGD-L is optimal for $\mathcal{F}_{L}^{1,1}$ but NOT for $\mathcal{F}_{L, \mu}^{1,1}$ !
Theorem ( $f$ is strongly convex with Lipschitz gradient)
If $f \in \mathcal{F}_{L, \mu}^{1,1}$, the sequence $\left\{\mathbf{x}^{k}\right\}_{k \geq 0}$ generated by AGD- $\mu \mathbf{L}$ satisfies

$$
\begin{align*}
& f\left(\mathbf{x}^{k}\right)-f^{\star} \leq L\left(1-\sqrt{\frac{\mu}{L}}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2}, \forall k \geq 0  \tag{10}\\
& \left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq \sqrt{\frac{2 L}{\mu}}\left(1-\sqrt{\frac{\mu}{L}}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}, \forall k \geq 0 . \tag{11}
\end{align*}
$$

- AGD-L's iterates are not guaranteed to converge.
- AGD-L does not have a linear convergence rate for $\mathcal{F}_{L, \mu}^{1,1}$.
- AGD- $\mu$ L does, but needs to know $\mu$.


## AGD achieves the iteration lowerbound within a constant!

## Example: Ridge regression

## Case 1:




Case 2:

$$
n=500, p=2000, \rho=0.01 \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)
$$




## Enhancements

## Two enhancements

1. Line-search for estimating $L$ for both GD and AGD.
2. Restart strategies for AGD.

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We can use a line-search procedure for both GD and AGD when

- $L$ is known but it is expensive to evaluate;
- The global constant $L$ usually does not capture the local behavior of $f$ or it is unknown;


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- The global constant $L$ usually does not capture the local behavior of $f$ or it is unknown;


## Line-search

At each iteration, we try to find a constant $L_{k}$ that satisfies:

$$
f\left(\mathbf{x}^{k+1}\right) \leq Q_{L_{k}}\left(\mathbf{x}^{k+1}, \mathbf{y}^{k}\right):=f\left(\mathbf{y}^{k}\right)+\left\langle\nabla f\left(\mathbf{y}^{k}\right), \mathbf{x}^{k+1}-\mathbf{y}^{k}\right\rangle+\frac{L_{k}}{2}\left\|\mathbf{x}^{k+1}-\mathbf{y}^{k}\right\|_{2}^{2}
$$

Here: $L_{0}>0$ is given (e.g., $\left.L_{0}:=c \frac{\left\|\nabla f\left(\mathbf{x}^{1}\right)-\nabla f\left(\mathbf{x}^{0}\right)\right\|_{2}}{\left\|\mathbf{x}^{1}-\mathbf{x}^{0}\right\|_{2}}\right)$ for $c \in(0,1]$.

How can we better adapt to the local geometry?


How can we better adapt to the local geometry?


## Enhancements

## Why do we need a restart strategy?

- AG- $\mu L$ requires knowledge of $\mu$ and AG- $L$ does not have optimal convergence for strongly convex $f$.
- AG is non-monotonic (i.e., $f\left(\mathbf{x}^{k+1}\right) \leq f\left(\mathbf{x}^{k}\right)$ is not always satisfied).
- AG has a periodic behavior, where the momentum depends on the local condition number $\kappa=L / \mu$.
- A restart strategy tries to reset this momentum whenever we observe high periodic behavior. We often use function values but other strategies are possible.


## Restart strategies

1. O'Donoghue - Candes's strategy [4]: There are at least three options: Restart with fixed number of iterations, restart based on objective values, and restart based on a gradient condition.
2. Giselsson-Boyd's strategy [2]: Do not require $t_{k}=1$ and do not necessary require function evaluations.
3. Fercoq-Qu's strategy [1]: Unconditional periodic restart for strongly convex functions. Do not require the strong convexity parameter.

## Oscillatory behavior of AGD

- Minimize a quadratic function $f(\mathbf{x})=\mathbf{x}^{T} \boldsymbol{\Phi} \mathbf{x}$, with $p=200$ and $\kappa(\boldsymbol{\Phi})=L / \mu=2.4 \times 10^{4}$
- Use stepsize $\alpha=1 / L$ and update $\mathbf{x}^{k+1}+\gamma_{k+1}\left(\mathbf{x}^{k+1}-\mathbf{x}^{k}\right)$ where
- $\gamma_{k+1}=\theta_{k}\left(1-\theta_{k}\right) /\left(\theta_{k}^{2}+\theta_{k+1}\right)$
- $\theta_{k+1}$ solves $\theta_{k+1}^{2}=\left(1-\theta_{k+1}\right) \theta_{k}^{2}+q \theta_{k+1}$.
- The parameter $q$ should be equal to the reciprocal of condition number $q^{*}=\mu / L$.
- A different choice of $q$ might lead to oscillatory behavior.



## Example: Ridge regression

Case 1:



Case 2:
$n=500, p=2000, \rho=0.01 \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)$



## The (special) quadratic case - Step-size

Consider the minimization of a quadratic function

$$
\min _{\mathbf{x}} f(\mathbf{x}):=\frac{1}{2}\langle\mathbf{x}, \mathbf{A} \mathbf{x}\rangle-\langle\mathbf{b}, \mathbf{x}\rangle
$$

where $\mathbf{A}$ is a $p \times p$ symmetric positive definite matrix, i.e., $\mathbf{A}=\mathbf{A}^{T} \succ 0$.

## Gradient Descent

$$
\alpha_{k}=1 / L \quad \text { with } L=\|\mathbf{A}\|
$$

## Steepest descent

$$
\begin{equation*}
\alpha_{k}=\frac{\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2}}{\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{A} \nabla f\left(\mathbf{x}^{k}\right)\right\rangle} \tag{12}
\end{equation*}
$$

## Barzilai-Borwein

$$
\begin{equation*}
\alpha_{k}=\frac{\left\|\nabla f\left(\mathbf{x}^{k-1}\right)\right\|^{2}}{\left\langle\nabla f\left(\mathbf{x}^{k-1}\right), \mathbf{A} \nabla f\left(\mathbf{x}^{k-1}\right)\right\rangle} \tag{13}
\end{equation*}
$$

## The (special) quadratic case - convergence rates

For $f(\mathbf{x})=\frac{1}{2}\langle\mathbf{x}, \mathbf{A} \mathbf{x}\rangle-\langle\mathbf{b}, \mathbf{x}\rangle$, we have $L=\|\mathbf{A}\|=\lambda_{p}$ and $\mu=\lambda_{1}$, where $0<\lambda_{1} \leq \lambda_{2} \leq \cdots \lambda_{p}$ are the eigenvalues of $\mathbf{A}$.

## Theorem (Gradient Descent)

$$
\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(1-\frac{\lambda_{1}}{\lambda_{p}}\right)^{k}\left\|\mathrm{x}^{0}-\mathrm{x}^{\star}\right\|_{2}
$$

## Theorem (Steepest Descent)

$$
\left\|\mathbf{x}^{k+1}-\mathbf{x}^{\star}\right\|_{\mathbf{A}} \leq\left(\frac{\lambda_{p}-\lambda_{1}}{\lambda_{p}+\lambda_{1}}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{\mathbf{A}}
$$

## Theorem (Barzilai-Borwein)

Under the condition $\lambda_{p}<2 \lambda_{1}$

$$
\left\|\mathbf{x}^{k+1}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{\lambda_{p}-\lambda_{1}}{\lambda_{1}}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
$$

## Example: Quadratic function

Case 1: $n=p=100, \kappa(\mathbf{A})=10$


Case 1: $n=p=100, \kappa(\mathbf{A})=100$


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